





# From Rhonda (President)

Happy Summer! I hope everyone is having fun, laughing a lot and letting the sun kiss their face. As I am writing this I can only think about last year this time. The one thing I can say is that after making it though last year you can make it through almost anything.

I would like to thank Joan Johnson for her true support and dedication to HCFCCA whenever we call on her. I would like to also thank everyone that stepped up for Board and Chair positions, without you we wouldn't be able to function.

I am excited about having the 40th Anniversary Celebration. This will be the first time we all will have a chance to see each other in such a long time.

I hope you had a chance to send in for the MSDE Stabilization Grant. Please remember that most likely you won't get the money until September. You should start now preparing a list of must have items. You should also put aside funds or send in estimated taxes.

If you know of a Grant writer please have them contact me at hcfccabusiness@gmail.com.

I spoke about having an International Committee. We can't help if we don't know. This committee is important so that we can be educated in all of the different cultures in which make up our association. If you are interested in being a part of this committee please contact me at hcfccabusiness@gmail.com.

At this point we are scheduled to be 100% virtual. We will revisit the idea in the beginning of the year to see if we can do a spring class in person. Are you ready to meet in person?

If you are in need of a PAU, all you need is to do is place an article in this newsletter. Include your newsletter article with your credential application by printing your article once published and sending it with your credential application.

# IMPORTANT INFORMATION

Howard County Health Department: 410-313-6284

Carrol County Health Department: 410-876-4900

Email your licensing specialist your answer from the health department or call 410-750-8771



# APPLICATION IS NOW OPEN

- 1 To be eligible, your program has to be licensed through MSD before 3/11/2021 and have one of the following:
- License,
  Certificate of Registration, or
  Letter of Compliance
- 2 In addition, your program must also be either.
- Open currently and serving children
   Reopening and serving children by September 1, 2021

HTTPS://EARLYCHILDHOOD.MARYLANDPUBLICSCHOOLS.ORG/ARP

Child care providers licensed by the Maryland State Department of Education no later than March 11, 2021, are eligible to receive an American Rescue Plan (ARP) Act of 2021 Child Care Stabilization Fund Grant if they are:

- Open and available to provide child care services on the date the application is submitted, or
- Temporarily closed on the date the application is submitted due to public health, financial hardship, or other reasons relating to the COVID-19 public health emergency, but commit to re-open to provide child care services no later than September 6, 2021.

If you are unsure if you are eligible, complete the <u>Grant Eligibility Checklist</u>.

Please visit and review all grant-related materials on <a href="https://earlychildhood.marylandpublicschools.org/ar">https://earlychildhood.marylandpublicschools.org/ar</a> p before completing the grant application.

This is not a competitive grant. If you are eligible to receive the grant then you will receive the grant. Grant applications will be processed after the grant period ends.

**Grant Application Period**: July 14, 2021 - August 6, 2021 (4:00 p.m.)

Grant Period: August 6, 2021-March 6, 2022

**Grant Awards Amounts**: \$15,000 base award and \$300 per licensed slot

**Application Process:** (all materials and documents are available on our <u>website</u>)

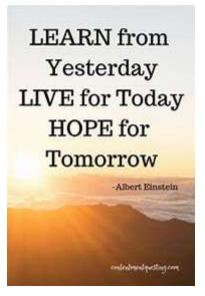
1. Review and complete the grant worksheet

- 2. Watch the technical assistance session recording
- 3. Complete the online application by 4:00 p.m. on August 6, 2021

For more information about the American Rescue Plan (ARP) Act of 2021 Child Care Stabilization Grant, visit: <a href="https://earlychildhood.marylandpublicschools.org/arp">https://earlychildhood.marylandpublicschools.org/arp</a>

Updated 7-23-21 Link from MSDE for Covid-19 Guidance





# From Angela (VP of Education)

This Summer is flying by! I hope you and your children are getting back

to a place of calm and returning to normal. I cannot wait until school

starts and to get our school-age children back in the buildings. I know it

may be a rough start for them after virtual learning, but children are

resilient and as long as we support and encourage them they will be

able to fall right back into their routines come the fall. I am working on setting our monthly training schedule with Better

Futures and will have a tentative list before the start of our fall session.

I am looking forward to seeing everyone at our 40th Anniversary

Celebration on August 14th . I am excited to see everyone in person!!

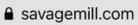


# From Kelly(Treasurer)

Hello everyone, I am Kelly Jean Patino. I am the new Treasure for HCFCCA. I have been a home childcare provider for six years. My mother was a home day care provider making my childhood a training for my future life. I worked for the Howard County School system with special needs children as a teachers assistant and as a nanny for a wonderful family with four children. Having my own business in childcare is not without its' challenges but rewarding all the same. I find everyday I learn something new not only about childcare but about myself as well.



ΑА





# SAVAGE MILL

# **GHOST TOURS**



If you know of any child who is struggling with learning on how to ride a bike like my own son, please check out REI Columbia. Parents highly recommend their classes. For more details, please check out their website:

https://www.rei.com/stores/columbia.html

# From Uyen (Secretary/Fundraising)

Hi everyone! My name is Uyen Feliks. I have been a family childcare provider in Columbia since 2013. I have been a board member for the last 3 years as VP of Education & now as Secretary position. I love my job and am happy to get up every morning feeling the sense of empowerment to help raise & teach new generations one year after another. I feel the sense of belonging as I support the organization the best that I can. One of my other commitments is to raise funding for various expenses. So, I need your help. Please give me different ideas, suggestions, as well as support to achieve our fund raising goals. I am looking forward to a great year & hope we can get together. I will organize a Ghost Tour at Savage Mill towards the end of September. This is a one and half hour tour starting at 8:00pm. Ticket price is \$15 + \$2.55 fee per person. This event is led by a Savage Mill's Historian exploring the history & ghostly tales of the place. Please feel free to send me a message at (443) 220-7336 to let me know you are interested in coming. Details will follow once I hear enough responses. Often time, we are isolated with our job & also forget to take times for ourselves to enjoy a great night out with other childcare providers. This is one of many opportunities that we could all come together.





OUTDOOR CLASS

How to Ride a Bike for Kids

★★★★★ (4)

① 2 hours or less

from \$59



# CLICK TO PRINT HCFCCA MEMBERSHIP APPLICATION

# CLICK THIS BUTTON TO FILL OUT AN APPLICATION ONLINE

# From Lisa (Vice President of Membership)

I want to thank you all for helping me thru this year. I hope you all enjoy your summer. Take time to care for yourselves and be safe. I appreciate all of you and all you do everyday for families.

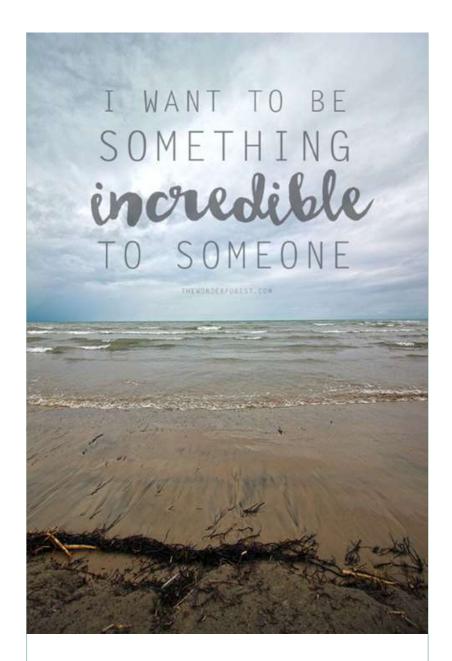
Please remember to fill out everything on your applications. If you send your money in with no application, it cannot be counted until we have the application and payment.

Its so important we have all updated information on file for you. Please notify us with any changes with your license or anything else we need to keep updated. I do not want you to lose your membership for not keeping us informed of any changes.

I am here for you if you have any questions or need any help.



Welcome to another exciting year with HCFCCA. I am sure this year will be full of fun, friendships and wonderful times with HCFCCA. The newsletter is a great way to share your knowledge with other providers. Write up an article about a really great activity you did with your children or maybe a recipe of something they really enjoyed eating. Any child care related article you put into the newsletter will give you a PAU. Please consider sharing your knowledge with the others with a newsletter article.



# From Melissa (Newsletter Editor)

# **Newsletter Deadlines**

Due Date Newsletter

**Month** 

July 11th August-Summer 2021

(first newsletter of 21/22 Vol

**42**)

August 15th September

September 12th October

October 17th November

November 14th December

December 12th January 2022

January 16th February

February 13th March

March 13th April

April 17th May

May 15th June

July 17th August Summer2022 (first newsletter of 22/23 Vol 43)

Please send your newsletter contributions to <a href="mailto:newsletterhcfcca@gmail.com">newsletterhcfcca@gmail.com</a>. Any contributions to the newsletter are eligible for a PAU. YOU must print out your article AFTER it is published in the newsletter.



# From Therese(Mentoring/Networking)

Joan Johnson and I plan on holding one support group each month to assist providers with NAFCC Accreditation and the Maryland Credential. Meetings will be virtual on the third Thursday of each month from 6:30 – 7:30 pm. Here is the link for the months ahead

<u>https://howardcountymd.webex.com/howardcountymd</u> <u>/j.php?MTID=mcooo3bf5632c8cf1a135f7437af4ffd2</u>

*Here is the meeting schedule –* 

• 9/16/21 (Accreditation)

- 10/21/21 (Credential)
- 11/18/21 (Accreditation)
- 12/16/21 (Credential)
- 1/20/22 (Accreditation)
- 2/17/22 (Credential)
- *3/17/22* (Accreditation)
- 4/21/22 (Credential)
- *5/19/21* (Accreditation)

Please feel free to reach out if you have any questions or concerns

Therese Mason-443-850-3400

 $\underline{laurelbutterflychildcare@gmail.com}$ 

Or

Joan Johnson -410-313-1432

<u>jmjohnson@howardcountymd.gov</u>



**Application For Letter of Volunteerism** 



# From Anita(Volunteer Coordinator)

Although this article is from 2010, it still is relevant today as we still face the same challenges of preschool education. The life skills taught in preschool are ones that are many times overlooked and undervalued.

# The Magic of Preschool

August 20, 2010

I learned to make my mind large, as the universe is large, so that there is room for paradoxes.

-Maxine Hong Kingston

An article, "How does preschool work its magic?", in Wired magazine, reviews a new paper by Flavio Cunha, an economist at the University of Pennsylvania, and James Heckman, a Nobel Laureate at the University of Chicago, on the reasons to invest in preschool education. In the paper Cunha and Heckman discuss the findings of the Perry Preschool Study and the article summarizes....

"Interestingly, the Perry Preschool didn't lead to a lasting boost in IQ scores. While kids exposed to preschool got an initial bump in general intelligence, this dissipated by second grade. Instead, preschool seemed to improve performance on a variety of 'non-cognitive' abilities, such as self-control, persistence, and grit. While society has long obsessed over raw smarts — just look at our fixation on IQ scores — Heckman and Cunha argue that these non-cognitive traits are often more important. They note, for instance, that dependability is the trait most valued by employers, while 'perseverance, dependability, and consistency are the most important predictors of grades in school.' Of course, these valuable skills have little or anything to do with general intelligence. And that's probably a good thing, since our non-cognitive traits are much more malleable, at least when interventions occur at an early age, than IQ. Preschool might not make us smarter — our intelligence is strongly shaped by our genes — but it can make us a better person, and that's even more important."

Full article may be found at: http://www.wired.com/wiredscience/2010/07/how-preschool-changes-the-brain/

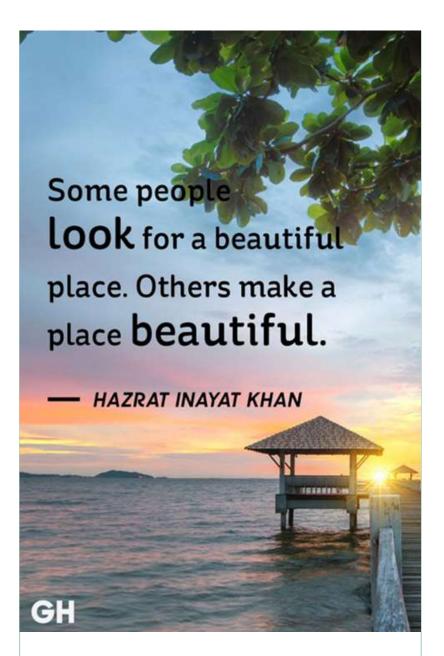


From Nancy(Parent Message Board Coordinator)

If you have a parent inquiring about an opening at your child care home and you are unable to accommodate them, please offer to help them by taking their name, contact information (phone and/or email), their needs for care, and their location. Please email the information to me and I will in-turn forward it to the Association. Or you can certainly refer them to our Parent's Message Line at (301) 776-4841 or our website HCFCCA.com.







# From Deena(Marketing and Public Relations)

Summer and sunshine we have had an abundance of both and I am truly enjoying the wonderful weather!

Our 40th Anniversary is upon us! Just a few weeks away **AUGUST 14, 2021** - HOW EXCITING is that 40 YEARS HCFCCA! It is truly a time to celebrate our years behind and what is in store for us in our future! Please make every effort to attend. **Please make every effort to attend** - (Not a typo - just trying to get the message across)

We have come so far in our childcares and we are true professionals. Over the years, we have enjoyed time with each other as Professionals, we have learned together and worked together both within our businesses and our homes. I remember when I first started, I was basically on my own running to the library for assistance and now everything and everyone who could help us to grow is right at our fingertips!

Yes, there have been a few set backs with the pandemic at the top of the list **but** we are growing and like children sometimes growth can be painful but in the end we are blossoming - stepping into the Education of Technology across the board. We will continue to grow and guide our children through our education passing along to them best practices and awareness,

I find myself struggling with the Public Relation and Marketing position and would like someone to step up to help me. Please reach out to me via email at <a href="mailto:Dloveshearts@aol.com">Dloveshearts@aol.com</a>, It would be nice for someone other than an "already" Board member who "already" has a few things to do outside their business.

BE proud of HOWARD COUNTY FAMILY CHILDCARE ASSOCIATION, we have come a long way together and there is more excitement in nurturing and educating our children years to come!

HCFCCA - 40th Year Celebration "40 Years Nurturing Maryland's Future"

Saturday, August 14, 2021, 12:00 - 3:00 pm

Location Centennial Park Pavilion D--RT. 108 -Clarksville Pike, Ellicott City, MD 21042

RSVP August 6, 2021 Evite's were sent out! Type "40th Anniversary Celebration Invite" into your email search bar to find your invitation. See you all there!



# From Thelma (MSFCCA Director)

Whether teaching children or adults, biblical or secular topics, or math and English, I enjoy teaching individuals of all ages. I hold a Master of Science in Education and am currently pursuing my doctorate in Special Education. Together, my husband and I serve in our local church, Hope Christian Church, Beltsville, MD, as leaders, small group ministers, and children's ministry. Wife, mother, minister, mentor, teacher, advisor, advocate, and friend! My spouse and I have been married for 37 years. We have two wonderful daughters and a handsome grandson. Advocacy, education, coaching, missions, and teaching are gifts that I use to serve others. Teaching is my passion, no matter the topic. I have been a family childcare fully licensed provider in HC for twenty years. I am an MSDE certified Trainer and offer several courses. I have presented workshops at state, regional, local, and national conferences including NEAYC and NAFCC. I enjoy reading, writing, and mentoring teens and adults. I am engaged in community service through UR Unique Leadership, u R Unique Leadership, an organization to encourage positive relationships between mothers and daughters, was started twenty years ago and continues today. One of my favorite verses is Jeremiah 29:11 because it reminds me that God has good plans for me. I enjoy writing stories, poetry, and words of encouragement. Recently, I published You Are Strong, a short story, as part of a collaborative project, Discovering Strength: Harnessing Strength During Times of Uncertainty, complied by Dawn Francis. I hope to serve HCFCCA as their representative during the 2021-2022 year.





# From Claudia (Website Coordinator)

# "Veggie Faces" No-Bake Vegetable Pizzas and Wraps

yield: VARIES

prep time: 5 MINUTES

total time: 5 MINUTES

Your kids will love this edible art project! And, these No-Bake Veggie Pizzas are a fun way to get them eating more veggies!

# Ingredients

# **CRUST OPTIONS:**

- whole-grain tortilla
- whole-wheat pita
- whole-wheat flat bread

# "SAUCE" OPTIONS:

• reduced-fat cream cheese (your favorite flavor)

- nonfat Greek yogurt dip (such as French Onion or Jalapeño and Salsa)
- hummus
- · cottage cheese

# **TOPPING OPTIONS:**

- fresh veggies such as: colorful peppers (diced, slivered or cut into shapes), halved grape or cherry tomatoes, sliced cucumbers, carrot sticks or shreds, small broccoli florets, celery sticks, peas, sliced mushrooms, pitted black olives, and alfalfa sprouts
- shredded, reduced-fat cheese

# Instructions

- 1. To assemble, start by spreading the "crust" with one or more types of "sauce."
- 2. Add desired toppings to make a fun face.
- 3. To serve, cut into wedges like a pizza, roll up like a burrito or wrap, or fold like a quesadilla.



# From Natacha (Social Media Chair)

Natacha Michel was born in Haiti and has lived in the United States since 1993. She has completed most of her academic school years here in the states and has earned her Bachelor Degree in Business Management from University of Phoenix. After many years working for the corporate world, she is now the Daycare Provider for Home4Kidz Family Daycare since 2014. Besides focusing on making a difference in children's lives, she enjoys

spending time with her family and friends. She is also a member of "Nextdoor" book club, and volunteers in the community and church outreach program. In her spare time, she enjoys reading good books and practices music on the piano. When she needs to relax, she cleans. And when she needs balance, her husband and daughter are her pillars.



# From Lynda (Sunshine Committee)



# Maryland State Department of Education (MSDE)

Steven R. Hicks	Assistant State Superintendent	410-767-033
Sharon Brooks	Executive Associate	410-767-033
Vacant	Legislative Liaison/Program Developer	410-767-678
Kenneth Blackman	Research Statistician	410-767-058
Donna Pennewill	Fiscal Service Officer	410-767-081-
Donna Pennewill Funice Lee	Fiscal Service Officer Fiscal Service Administrator	410-767-0339
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Danella Scruggs Kim Stewart	Agency Grants Specialist	410-767-782
Alberta Stokes	Agency Grants Specialist	410-767-780
Alberta Stokes Alexis Washington	Early Childhood Systems Specialist Communications and Outreach Specialist	410-767-011
		410-767-711
James McMahan Rachel Demma	Specialist, ECCATS	
Rachel Demma	Director, Early Childhood System Development	410-767-033
Office of Child Care		
Jennifer Nizer	Director, Office of Child Care	410-767-782
Tara Bartosz	Assistant - Director of the Office of Child Care	410-767-782
Early Learning Branch		
Judy Walker	Branch Chief	410-767-654
Zina Spriegs	Administrative Aide	410-767-779
Erika Anderson	Specialist, Early Learning	410-767-064
Roslyn Coleman	Specialist, Early Learning	410-767-444
Donald Corbin	Specialist, Early Learning	410-767-024
Sonan Harmun	Specialist, Early Learning	410-767-042
Charlie Mitchell	Specialist, Early Learning	410-767-058
Nykia Washington	Specialist, Early Learning	410-767-008
Vacancy	Specialist, Early Learning	410-767-781
vacarky	Specialist, early Learning	410-/67-/51
Licensing Branch		
Louis Valenti	Branch Chief	410-767-712
Jaqueline Blanding	Administrative Aide	410-767-712
David Hanauer	Criminal Background Investigations	410-767-072
Teresa Lewis	Licensing Systems Project and Systems	410-767-703
Manjula Paul	Nurse Consultant	410-767-185
Child Care Scholarship Br	anch	VAC-555-2410
Rene Williams	Branch Chief	410-767-014
Stephen Lenzner	Administrative Support	410-767-057
Olivier Bitihari	Quality Assurance Auditor	410-767-965
Robyn Cobb-Randall	Policy Specialist	410-767-064
Raye Dugger	Quality Assurance Specialist	410-767-784
Lorena Guido	Quality Assurance Auditor	410-767-781
John Lamb	Assistant Brunch Chief	410-767-783
Beverly Ollivierre	Quality Assurance Manager	410-767-965
Janselle Shorts	Monitoring Specialist	410-767-783
Christopher Viamonte	Administrator	301-502-299
POC HELPLINE		1-866-243-879
Amber Green	Specialist, CCATS	410-767-818
Eric Bundy	Specialist, CCATS	410-767-044
Morgane Cole	Specialist, CCATS	410-767-968
Allen Ward	Specialist, CCATS	410-767-045
DeMovne White	Speculist, CCATS	410-767-596
Demoyae white	opecialis, CCACS	410-767-596

Frederick County Office of Ch	nd Care (Region XII)	
5303 Spectrum Drive, Suite G Frederick, Maryland 21703 Janet Speak	Regional Manager	301-696-9766
C	1	
Garrett County Field Office 430 Weber Rd. Suite B	55 U	
Oakland, Maryland 21550 Dawna Rodeheaver	Lead Licensing Specialist	301-334-3426
Howard County Office of Chile	Care (Region VI)	t
3300 North Ridge Road, Suite 190 Ellicott City, Maryland 21043 Sharon Afework Michelle Royal	Regional Manager Office Secretary	410-750-8770
Lower Shore Office of Child C	are (Region IX)	20
201 Baptist Street Suite 32, Multi-Service Bldg., 2nd FL Salisbury, Maryland 21801 Suzanne Ruark Angelia L. Bell	Regional Manager Office Secretary	410-713-3430
Montgomery County Office of	Child Care (Region V)	
51 Monroe Street, Suite 200 Rockville, Maryland 20850 Carl Eggleston Latonya Jones	Regional Manager Office Secretary	240-314-1400
North Central Office of Child C	are (Region VI)	
3105 1A/B Emmorton Road Abingdon, Maryland 21009 Beth O'Connor Alexandria Fortune	Regional Manager Office Secretary	410-569-2879
Prince George's County Office	of Child Care (Region IV	-
807 Brightseal Road Landover, Maryland 20785 Danita Moore Kimberly Chambers	Regional Manager Office Secretary	301-333-6940
Southern Maryland Office of C	hild Care (Region X)	
41670 Courthouse Drive, P.O. Box 1709 Leonardtown, Maryland 20650 Susan Consey Caty Clements	Regional Manager Office Secretary	301-475-3770 800-874-6797
Upper Shore Office of Child Ca	are (Region VIII)	-
301 Bay Street, Suite 305 Easton, Maryland 21601 Sandy Kepler-Klurk	Regional Manager	410-819-5801

	provement Branch	
Centhia LaMarca Lessner	Branch Chief	410-767-0337
Levette Woodrum	Administrative Support	410-767-058
Amy Beal	Judy Center Partnership	410-767-067
Vacancy	Specialist Judy Center	410-767-7803
Wendy Dantzler	Program Coordinator	410-767-895
Tresa Hanna	Grants Specialist	410-767-3396
Malkia McCleod	Communications Specialist	410-767-0602
Credentialing Branch	1	
Angeline Bishop-Oshoko	Branch Chief	410-767-6916
Adele Beulefeld	Administrative Officer	410-767-7805
Nancy Cahlink-Seidler	Training Approval Coordinator	410-767-7852
Deborah Langer	Training Specialist	410-767-781
LaTanya Taylor	Credentialing Specialist	410-767-6947
		410-767-896
Jacqueline Woodruff	Grants Specialist	
Agneatha Wright	Deputy Branch Chief	410-767-692
EXCELS		
Lindi Budd	Branch Chief	410-767-7845
Vacancy	Administrative Aide	410-767-1664
Vacancy	Quality Assurance Coordinator	410-767-896
Michelle Young	Community Outreach Specialist	410-767-7814
Jena Smith	Quality Assurance Manager	410-767-0580
Andrea Zabel	Quality Measurement Specialist	410-767-7863
Allegany County Field Office		-
3 Pershing Street		
Cumberland, Maryland 21502		
Ruth Lafferty	Lead Licensing Specialist	301-777-2385
	Load Licenting Specialis	2011-17-17-2000
Anne Arundel County Office of	Child Care (Region I)	
	Child Care (Region I)	
49 Old Solomons Island Road	Child Care (Region I)	
49 Old Solomons Island Road Annapolis, Maryland 21401		
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49 Old Solomons Island Road Annapolis, Maryland 21401 Rence Woodard Tonya Smith  Baltimore City Office of Child 2700 North Charles Street, Suite 20. Baltimore, Maryland 21218 Sherry Tsigounis Kay Abrams  Baltimore County Office of Child 409 Washington Avenue, Suite LL8 Towson, Maryland 21204	Regional Manager Office Secretary  Care (Region II)  Regional Manager Office Secretary  Ild Care (Region III)	
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49 Old Solomons Island Road Annapolis, Maryland 21401 Rence Woodard Toxya Smith  Baltimore City Office of Child 2700 North Charles Street, Suite 20: Baltimore, Maryland 21218 Sherry Tsigoumis Kay Abrams  Baltimore County Office of Child 409 Washington Avenue, Suite LL8 Towson, Maryland 21204 Amber Riley Andrea Brown	Regional Manager Office Secretary  Care (Region II)  Regional Manager Office Secretary  Ild Care (Region III)  Regional Manager Office Secretary	410-554-8300

Washington County Office of Child Care (Region VII)		
1075-C Sherman Avenue Hagerstown, Maryland 21740		
Dolores Harmon	Regional Manager	
Dec Myers	Office Secretary	301-791-4585

# **Contacting the Division Branches**

Office of Child Care – earlychildhood.msde@maryland.gov

Early Learning Branch early.learningbranchesmsde @maryland.gov

Collaboration and Program Improvement Branch – collaboration.programimprovement @maryland.gov

Licensing – licensingocc.msde@maryland.gov

Credentialing credentialocc.msde@maryland.gov or 1-866-243-8796

Subsidy – ccscentral@conduent.com or 1-866-243-8796

Maryland EXCELS - info@marylandexcels.org

Tuesday Tidbits-July 13 2021

Tuesday Tidbits-June 29 2021

# IMPACT from MSDE SUMMER EDITION







# JOIN THE FOOD PROGRAM AND GET PAID TO SERVE NUTRITIOUS

What is the Child and Adult Care Food Program (aka CACFP)?

 USDA CACFP is a federal program that reimburses family child care providers for serving nutritious meals and snacks to children.

# Why join the Food Program?

- It's Free!
- All regulated FCC providers are eligible to join the CACFP.
- There are two main benefits:
  - Nutritional Benefits You will receive the most up-to-date nutrition education based on USDA guidelines to help you plan and serve healthy meals and snacks to the children in your care
    - · Nutritious food contributes to the wellness and development of young children and teaches them healthy eating habits that last a lifetin
  - o Financial Benefits Each month you will report, through KidKare (the free software we provide to our providers), the number of meals and snacks you serve. You will then receive a reimbursement to help you cover the costs of the food you served.
  - o Providers receive reimbursement based on Tiering:
    - . Tier 1 Rate Higher rate of reimbursement if you live in a community that is
    - economically in need and/or qualify by household income.

       Tier 2 Rate Lower rate "All Other Providers"
  - o If you serve one breakfast, lunch and a snack per day the average rate of reimbursement "per
    - Tier 1 (higher) \$1,205 per year (20/21 Rate)

 Tier II (lower) - \$577 per year (20/21 Rate)
 NOTE: USDA Announced in April 2021 that because of the COVID 19 Pandemic a waiver has been put in place that allows all providers to receive the higher Tier 1 Rate of Reimbursement from JULY 1, 2021, through JUNE 30, 2022.

# Is it financially beneficial for me to be on the program? What about taxes?

- Joining the food program makes financial sense. You are always financially better off on the Food Program.
  - o Do you want to win the lottery?
  - o If your spouse got a raise, would you accept it?
  - o If your child care parents paid you more, do you want it?
  - o The answer is "yes" to all the above. In each of these scenarios you earn more money, pay more in taxes, and have MORE MONEY IN YOUR POCKET after paying taxes.
  - MORE INCOME IS ALWAYS BETTER!!!
  - o For every \$1000 you receive from the CACFP you can expect to keep about \$600-\$700 in your pocket after taxes.



### Common Objections:

"It's too much paperwork" - Well we all know paperwork is no fun, BUT you are being paid to do the paperwork. The Planning Council pays for KidKare and offers it free to all providers. KidKare reduces your paperwork, and you can use your smartphone, iPad, laptop and/or computer to record your meals and attendance and use eForms to enroll your children, etc.

- If you spend 3 hours/week doing paperwork and care for 4 children, serve breakfast, lunch, and a snack = 156 hours/year
- Tier 1 \$1205 x 4 = 4820 ÷ by 156 hours = \$30.89 per hour
- Tier 2 \$577 x 4 = 2308 ÷ 156 hours = \$14.79 per hour

"I only qualify for Tier 2 Rate and the CACFP reimbursements don't cover the cost of my food."

- Some money is always better than no money.
- . If you got \$1000 from the CACFP and your food costs were \$2500
  - o Why give up \$1000 in income?
  - If you do not take the \$1000 income from the CACFP your food costs will not change.

"My enrollment is low; I'm Tier 2 and I only serve one (1) snack. It's not worth it to claim a 21-cent snack."

- . Well, actually "NO" that is inaccurate
  - O You will earn approximately \$10.06 per hour by claiming a 21-cent snack.
    I child x \$.21x 5 days a week x 52 weeks = \$54.60 a year.

  - 4 children x \$.21 x 5 days a week x 52 = 218.40 a year
  - o 5 minutes a day to enter it into KidKare = 21.7 hours a year
  - \$218.40 ÷ 21.7 hours = \$10.06 per hour for your CACFP hours.

"I will lose my food deductions if I join the CACFP so I will be worse off financially."

- Nope! This is a common misunderstanding.
- · You are entitled to claim food expenses in the same way whether you are on the CACFP or not.
- You can deduct the meals/snacks you get reimbursed for by the CACFP.

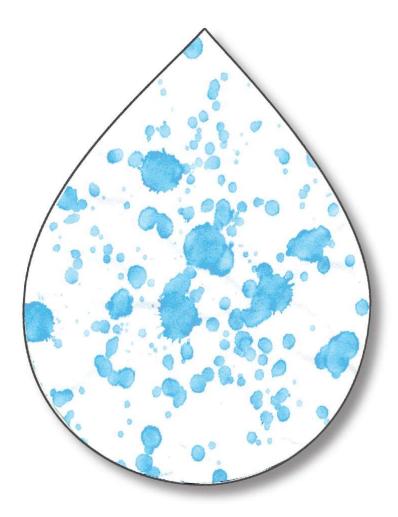
JOIN Now! There really aren't any serious objections to joining the CACFP. It's a wonderful nutrition program that will help keep the children in your care healthy and it's a significant financial benefit that will put

TO GET STARTED CALL THE PLANNING COUNCIL @ 1-800-477-3993, ext. 3025 or 410-967-5848





CRAFT



This process art idea fine-tunes the artist's pincer grasp!

# Materials

construction paper

cotton balls

food color(several colors)

water

Directions

Description: Dip a cotton ball in blue-tinted water and gently squeeze "raindrops" onto a white construction paper raindrop shape. Repeat the process with other cotton balls and colors of tinted water if desired.



Adapted from www.Eatingwell.com

# Breakfast Skillet Hash

Cooked over a campfire or in your kitchen, this breakfast hash with sweet potatoes, turkey sausage, eggs, spinach, and shredded is a complete meal.

# Ingredients

- 2 tablespoons olive oil
- 1 large sweet potato, peeled and cut into 3/4-inch pieces
- ½ cup chopped onion
- ½ cup refrigerated, cooked crumbled turkey sausage, such as Jimmy Dean® brand
- 1 1/2 cups refrigerated or frozen egg product, thawed
- 1/2 teaspoon dried Italian seasoning, crushed
- 1/4 teaspoon garlic powder
- ½ teaspoon black pepper
- 1/8 teaspoon salt
- 2 cups fresh baby spinach
- ½ cup shredded reduced-fat Italian 4-cheese blend

# **Directions**

# **Instructions Checklist**

Step 1
 Light firewood or charcoal and let campfire burn down to medium-hot embers or coals. Top with a grill

rack.

• Step 2

Heat a 10-inch cast iron skillet over campfire 5 minutes or until very hot. Add oil to skillet. Add sweet potato; cook 15 minutes, stirring occasionally. Add onion and sausage. Cook 5 minutes more or until vegetables are tender, stirring frequently.

• Step 3

Add the egg product, Italian seasoning, garlic powder, pepper, and salt. Cook, without stirring, until mixture begins to set on bottom and around edges. Using a spatula or large spoon, lift and fold partially cooked egg mixture so uncooked portion flows underneath. Continue cooking 2 to 3 minutes or until egg mixture is cooked through but is still glossy and moist. Gradually add spinach, tossing just until wilted. Sprinkle with cheese.

# **HCFCCA FUNDRAISERS**





Did you know that green tea and white tea come from the same plant? Growing on a native shrub of East Asia, these potent leaves are prepared in two different ways to create two different but equally delicious teas. These two teas are blended with rooibos tea to make the delightful <a href="Energizing Tea">Energizing Tea</a>. Let me tell you a little bit more about why these teas are so great.

## Matcha Green Tea

One of the teas in Energizing Tea is matcha green tea. To make matcha green tea, the leaves of the tea shrub are protected from sunlight for several weeks to enrich chlorophyll content. Then the most tender leaves are handpicked, steamed, dried, and ground to a very fine powder so that its fiber, minerals, and phytonutrients can be consumed. This is what makes matcha green tea more potent than green tea. I love that when I drink matcha green tea, I get both energized and a boost to my micronutrient intake.

Did You Know: Green tea contains a catechin (a type of phytonutrient) called epigallocatechin-3-gallate. This powerhouse of an antioxidant has been linked to many cardiovascular therapeutic properties. (1)

# White Tea

Since they come from the same plant, green and white teas share similar antioxidant properties. But because young immature tea leaves are used for white tea, it is only lightly processed and known for a brighter flavor and silky texture.

Bonus Trivia: White tea gets its name from the white hairs that are on the leaves and buds when they are picked.

### Rooibos Tea

Rooibos tea, or red bush tea, is an herbal tea that is naturally caffeine-free. It originates from southern Africa and is enjoyed all over the world for its delightful flavor notes of honey and vanilla. While it has high levels of antioxidants, the bioactive compounds in rooibos tea have intrigued many scientists. These health-promoting antioxidants have been linked to heart health (2), balanced blood sugar (3), and other benefits, but further research needs to be done to learn more about the pathways in which these antioxidants work.

Saving the Best Bonus Tip for Last: Energizing Tea is now available in immune-supporting Elderberry and for a limited time, in Summer Peach. All flavors of the Energizing Tea contain approximately 70 mg of caffeine, about the same as 2/3 cup of coffee. It is important that you can trust in the consistent caffeine content so that your energy is stable.

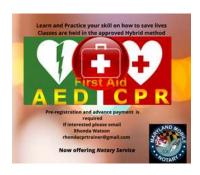
Energizing Tea can be served piping hot, poured over ice, in a fine china teacup, or in a shaker bottle on the go. No matter how you choose to enjoy it, I say cheers and sip on to a delicious and nutrition-packed energy pick-me-up.

# **HCFCCA Shaklee Fundraiser**

# TOUGH ON GERMS & VIRUSES INCLUDING HUMAN CORONAVIRUS (COVID-19)† STEP 3: Kill Germs & Viruses BASIC-G® GERMICIDE + SPRAY BOTTLE • Powerful multipurpose germicide to disinfect, clean, and deodorize. • Effective against 30 types of bacteria and 26 types of viruses, including human coronavirus. †2

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# HCFCCA PROVIDER INFORMATION

# We need your help!

The MD FCC Task Force is interested in exploring ways to increase the supply of family child care across the state. As part of this work, we need to understand what support services exist for family child care providers and whether these meet needs, are available widely and how accessible the resources are. We are open to ideas and looking for 'promising practices' that might suggest helpful pathways. We are interested in hearing from family child care providers, associations, CCR&Rs, intermediaries, trainers, TA providers...essentially, anyone who has used or developed the support services, or worked with family child care in Maryland and has ideas to share.

Please complete the survey questions by **August 6**, **2021**.

Click here to complete survey. <u>Maryland Family</u> Child Care Task Force Wants Your Feedback



The Office of Children and Families is excited to offer a free, new opportunity for infant and toddler early care and education providers. You are invited to partner with us to address the social and emotional needs of children.

The primary goal of this program is to increase early care and education providers' capacity to address the **social and emotional needs of children age birth to three** by providing coaching, consultation and training services in infant and toddler classrooms.

We provide infant/toddler staff the opportunity to:

- · set the stage to decrease negative behaviors in the classroom;
- · develop innovative strategies to manage challenging behaviors;
- · teach children new skills to replace challenging behaviors; and
- · support each other in addressing difficult behaviors

A partnership with the PPO I/T program will **provide your infant/toddler teachers with a certified coach**, offering a one-on-one approach within each classroom, and access to free resources and materials. Your coach will model techniques, observe staff/child interactions, and provide hands-on strategies to equip teachers of young children with the tools and information to better regulate and more effectively address the developing emotions of those in their care.

For more information, or to participate, contact the CAREline at





children@howardcountymd.gov • www.howardcountymd.gov/children

If you need this information in an alternative format, contact the Office of Children and Farrilles at 410-313-1940 (voice/relay) or children@howardcountymd.gov



# Directory of NACES Members

If you have been referred to the NACES website for an evaluation of your non-US studies, please select a NACES member organization from the list below. This list provides links to each member's website – we recommend that you contact our members directly to obtain information about the services they offer, their fees, and their requirements.

### **Current Members**

A2Z Evaluations, LLC Member since May 2009

Academic Evaluation Services, Inc. Member since May 2008

Educational Credential Evaluators, Inc. Member since March 1987

Educational Perspectives, ob. Member since April 2003

Educational Records Evaluation Service, Inc. Member since April 1993

Evaluation Service, Inc. Member since June 1991

Foreign Academic Credential Service, Inc. Member since March 1987

Foundation for International Services, Inc. Member since March 1987

Global Credential Evaluators, Inc. Member since March 2004

Global Services Associates, Inc. Member since May 2000

International Academic Credential Evaluators, Inc., Member since May 2006

International Education Evaluations, Inc. Member since May 2018

International Education Research Foundation, Inc. Member since March 1987

Center for Applied Research, Evaluation and Education, Inc. Member since March 1987

Josef Sign and Associates, Inc. International Education Consultanta Member since April 1989

Scanting: The Evaluation Company Member since April 1996

Transcript Research Member since September 2011

World Education Services, Inc. Member since March 1987

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Center for Applied Research Evaluation & Education P. O. Box 18358 Anaheim, CA 92817 Phone: 714-237-9272 www.iescaree.com	FACS, Inc. Foreign Academic Credentials Service, Inc. P.O. Box 400 Glen Carbon, IL 62034 Phone: 618-656-5291 www.facsusa.com		
Educational Credential Evaluators, Inc. P.O. Box 514070 Milwaukee, WI 53203-3470 Phone: 414-289-3400 www.ece.org	Foundation for International Service, Inc. 14926 35th Avenue West Suite 210 Lynnwood, WA 98097 Phone: 425-248-2255 www.fis-web.com		
Education Evaluators International, Inc. 11 S. Angell Street #348 Providence, RI 02906 Phone: 401-521-5340 www.educei.com	International Consultants of Delaware, Inc. P. O. Box 8629 Philadelphia, PA 19101-8629 or 3600 Market Street, Suite 450 Phone: 215-222-8454 ext. 603 www.icdel.com		
Educational Perspectives P.O. Box 618056 Chicago, IL 60661-8056 Phone: 312-421-9300 www.edperspective.org	International Education Research Foundation, Inc. P.O. Box 3665 Culver City, CA 90231-3665 Phone: 310-258-9451 www.ierf.org		
Educational Records Evaluation Service, inc. 501 University Avenue Suite 127 Sacramento, CA 95825 Phone: 916-921-0790 www.eres.com	Josef Silny & Associates, Inc. International Education Consultants 7101 SW 102 Avenue Miami, FL 33173 Phone: 305-273-1616 www.jsilny.com		
valuation Service, Inc 133W. North Ave. #284 Chicago, IL 60610-1293 Phone: 847-477-8569 vww.evaluationservice.net	Span Tran Educational Services, Inc. 7211 Regency Square Blvd. Suite 205 Houston, TX 77036-3197 Phone: 713-266-8805 www.spantran-edu.org		
oreign Educational Document Service 2.0. Box 4091 stockton, CA 95024 shone: 209-948-6589 www.documentservice.org	World Education Services, Inc. Bowling Green Station P.O. Box 5087 New York, NY 10274-5087 Phone: 212-966-6311 www.wes.org		

Please Note: Credits from institutions in other countries shall be evaluated for comparability of degree and course work by an independent agency authorized to analyze foreign credentials. The agencies listed above are designated by the Department to provide this service. A course-bycourse evaluation using original documents is required.



# CONTACT US Howard County Family Child Care Association HCFCCA P.O. Box 2154 Columbia, MD 21045 (301) 776-4841

You are a member of HCFCCA, this entitles you to our monthly newsletter.

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