

No images? [Click here](#)



OUR NEXT TRAINING

DATE: March 3rd

TIME: 6:30PM

**LOCATION: YOUR ONLINE LEARNING
SPACE**

**(CHOOSE A QUIET PLACE WHERE YOU WILL NOT BE DIS-
TRACTED)**

**TOPIC: Iniquities in Early Childhood
Education**



OUR NEXT GENERAL BUSINESS MEETING

DATE: March 10th

TIME: 6:30PM

**THIS MEETING IS FOR
ALL MEMBERS.**

**EVERYONE IS EXPECTED
TO ATTEND.**



OUR NEXT BOARD MEETING

DATE: March 10th

TIME: 7:30PM

LOCATION: Zoom Meeting

RSVP TO RHONDA WATSON.

EVERYONE IS WELCOME.



ANNUAL CONFERENCE

MARCH 19, 2022

8:00 AM-4:00 PM



EAT, PLAY, ZEN
A DAY OF FOOD, FUN AND FOCUS

REGISTRATION FEE: \$85.00

6 HOURS COK (2 HSN, 2 CD, 2 PRO)

INCLUDES CONTINENTAL BREAKFAST, YOUR CHOICE OF LUNCH, AND
BEVERAGES.

\$75.00 SAME DAY REGISTRATION (NO LUNCH PROVIDED)

Sessions

(All sessions will be in large-group format)

Kitchen Fun for Everyone: ABC's and 123's of Food and
Movement from 1-99

Filling Up Your Personal Tank: Fun with Music and Silliness
Zentangle: for Adults & Children

KAHLER HALL

5440 OLD TUCKER ROAD
Columbia MD 21044

MASKS REQUIRED WHILE IN THE BUILDING

Registration and payment Link:

<https://ticketbud.com/events/4a4cd4e6-8607-11ec-ae03-42010a717019>

Registration is due by: March 11,2022

Questions: atlamberti@aol.com

CWO-16030

HCFCCA CONFERENCE LUNCH CHOICES

CHOICE # 1

ROASTED TURKEY ON MULTIGRAIN WHEAT BREAD WITH LEAFY LETTUCE, TOMATO AND A SLICE OF CHEDDAR CHEESE. CHIPS, A PICKLE AND A CHOCOLATE CHIP COOKIE

CHOICE # 2

HAM ON MULTIGRAIN WHEAT BREAD WITH LEAFY LETTUCE, TOMATO AND A SLICE OF CHEDDAR CHEESE. CHIPS, A PICKLE AND A CHOCOLATE CHIP COOKIE

CHOICE#3

ROAST BEEF ON MULTIGRAIN WHEAT BREAD WITH LEAFY LETTUCE, TOMATO AND A SLICE OF CHEDDAR CHEESE. CHIPS, A PICKLE AND A CHOCOLATE CHIP COOKIE

CHOICE # 4 (VEGETARIAN)

ORGANIC WHEAT WRAP FILLED WITH ORGANIC SPINACH, FRESH-MADE GUACAMOLE AND PICO DE GALLO, MUSHROOMS AND ASIAGO. SERVED WITH A SIDE OF FRESH-MADE SALSA, FRESH FRUIT, AND CHOCOLATE CHIP COOKIE.

CHOICE # 5

CHICKEN, MIXED SALAD GREENS, CHEDDAR, GRAPE TOMATOES, CHOPPED AVOCADO, AND OUR ROASTED CORN AND BLACK BEAN MIX, RANCH DRESSING AND A CHOCOLATE CHIP COOKIE.

CHOICE # 6 (VEGETARIAN)

ORGANIC FIELD GREENS, ORGANIC RED PEPPER HUMMUS, RED AND YELLOW BELL PEPPERS, CUCUMBER, PICO DE GALLO, ASIAGO IN AN ORGANIC WHEAT WRAP. SERVED WITH A SIDE OF BALSAMIC VINAIGRETTE. BOXED WITH FRESH FRUIT AND A CHOCOLATE CHIP COOKIE.

CHOICE # 7 (VEGETARIAN)

MIXED SALAD GREENS, CHEDDAR, GRAPE TOMATOES, CHOPPED AVOCADO, AND OUR ROASTED CORN AND BLACK BEAN MIX, RANCH DRESSING AND A CHOCOLATE CHIP COOKIE.

[Visit Us on the Web](#)

[Board of Directors](#)

[Committee Chairpersons](#)

[Provider Resources](#)

Click on the button above to get information on our Board & Committee Members.



You are

AMAZING.

You are

BRAVE.

You are

STRONG.





Advice From A Tree

- Stand Tall And Proud
- Go Out On A Limb
- Remember Your Roots
- Drink Plenty of Water
- Be Content with Your Natural Beauty
- Enjoy the View

Rhonda
Kuffis

More Quotes @ www.InspiringQuotes.in

From Rhonda (President)

Wow it is already March, time is flying. One of the things I have always wanted was for us to have our own conference and not just attend one. Well with the help of many we are making this possible. If you are Credentialed you will be reimbursed for the amount you have paid. Yes, that means you will be attending for free. This conference is for you. This is a fundraiser for you. This is way for us to offset the rising cost of operation for

this organization. Please take a few minutes and complete the registration. Please remember to invite a friend. I have many people contacting me because they seem confused about how much they should have received from the grant. I have broken it down and I hope this will help. I first want to start off by saying everyone will get at least \$10,000 because this is the base payment. Also, I was advised if you live in Howard County you won't qualify for the Social Vulnerability part of the grant. Additional funds per-licensed childcare slot, (per the following criteria: the number of children on your license, not the number of Toddlers but the total amount of children that shows on your license. Most in-home childcares qualify for 8 children)

(The example shown below will be based on 8 children)

Infants (6 weeks to 12 months) an additional \$126.00 per licensed child are slot for providers that serve infants ($\$126.00 \times 8 = \1008.00)

Toddlers (13 months to 23 months) an additional \$126.00 per licensed child are slot for providers that serve toddlers ($\$126.00 \times 8 = \1008.00)

Child Care Scholarship*** an additional \$126.00 per licensed childcare slot for providers who enroll children that participate in the Child Care Scholarship program ($\$126.00 \times 8 = \1008.00)

Maryland EXCELS an additional \$126.00 per licensed childcare slot for all eligible providers who are participating in the Maryland EXCELS program with a rating of 1-5 ($\$126.00 \times 8 = \1008.00)

Social vulnerability an additional \$126.00 per licensed childcare slot for all eligible providers located in a census tract with a Social Vulnerability Index of greater than .6

($\$126.00 \times 8 = \1008.00)

Please add in which of these you qualify for to your \$10,000 base, that is what you will receive. If you need more information email me at hfccabusiness@gmail.com

I am giving a big shout out to all of you that became Credentialed, reached a new level in Maryland Excels and I heard that some of you have received or on the schedule for their Accreditation. Don't stop get it, get it lol.

Did you read that we are getting another grant??

<https://governor.maryland.gov/2022/01/17/governor->

hogan-announces-50-million-for-additional-child-care-stabilization-grants/

IMPORTANT INFORMATION

Howard County Health Department: 410-313-6284

Carroll County Health Department: 410-876-4900

Email your licensing specialist your answer from the health department or call 410-750-8771



From Nancy (Nominating Committee)


It's time to prepare for a new HCFCCA Board of Directors!

We need new volunteers to run for our Board of Director positions. Some of our current Board members are ready to step down and we need replacements. The current member as well as other members will support you through it all! You can contact the current Board member to ask questions about the position.

Please consider supporting our amazing Association by volunteering your time to be part of the Board of Directors.

"Many hands make light work!"

Please contact Nancy Cauley at nancymco@aol.com or cell phone (443) 472-8968 with your interest or any questions.



THERE ARE NO
SEVEN WONDERS
OF THE WORLD IN
THE EYES OF A
CHILD. THERE ARE
SEVEN MILLION.

WALT STREIGHTIFF

ANDRETTACOMESL.COM

From Angela (VP of Education)

March Training

Thursday March 3, 2022

"Inequities in Early Childhood Education"

This interactive session is an introduction to inequities in the learning environment for young children. The topics included in this session include definitions of terms associated with inequities, inequities towards young boys of color, and the Anti-bias Curriculum. The benefits to the participants are becoming aware of inequitable learning environments, strategies on how to create a more equitable learning environment and learning about the Anti-bias Curriculum. 2.5 clock hours Curriculum

Are you joining us for HCFCCA one day conference Eat, Play, Zen A Day of Food, Fun, and Focus.

HCFCCA conference registration deadline is March 11, 2022,



From Delali (Treasurer)

I am really thankful for the opportunity given to me to work as a board member in HCFCCA. With deep pleasure and enthusiasm, I accept this offer.

My name is Delali Athiobey and I have been a member since August 2018. I was born in Togo (West Africa) and I left for the USA at the age of eighteen. I am a proud mother of four children. I got my Bachelor's Degree in Psychology from UMBC. I am a home daycare provider in Elkridge, credential at level 4 and Excel level 1.



I personally love March because the world recognizes what women do as a citizen of the world. No matter where you are from you are celebrated. Let all of us here empower women and girls around us and help them to be a better version of themselves every day.



From Uyen (Secretary/Fundraising)

This activity is intended for the 3-4 years old group.

I want to introduce them to basic geography, that the earth is made of land, air, and water.

This lesson includes math learning in terms of sorting pictures, which are cut out from an old magazines.

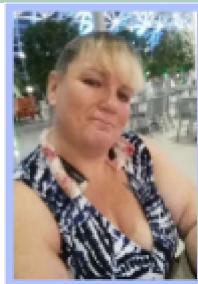
I will ask the children if they know their heritage countries, where their parents and/or grandparents were from. I then show them the countries on the globe. I ask their parents in advance for this information. I introduce them to 3 recycled food containers that represent air, water, and land. Before the lesson I have the children collect soil from outside and place in the "land" container. Then put water in

the "water" container. We do not add anything to the "air" container. The children will look through magazines for pictures of land, water, and air to cut out. Then they will sort the pictures and put them in front of the correct containers. This lesson will help children learn that there are other countries on the face of the earth. They learn about their heritages as well. They also understand distinguishing, sorting, and counting of the pictures to improve their math and geography skills. It is a lesson for young children because they learn to recycle the food containers and old magazines. They learn to collect the needed materials like soil, in this case, while being outside. By looking through these pictures, they improve their imagination and learn to love for the earth.



[CLICK THIS BUTTON TO FILL OUT AN APPLICATION ONLINE](#)

From Lisa (Vice President of Membership)



From Melissa (Newsletter Editor)

Newsletter Deadlines

Due Date	Newsletter
Month	

March 13th **April**

April 17th **May**

May 15th **June**

July 17th **August** **Summer 2022 (first
newsletter of 22/23 Vol 43)**

Please send your newsletter contributions to newsletterhcfcca@gmail.com. Any contributions to the newsletter are eligible for a PAU. **YOU must print out your article AFTER it is published in the newsletter.**



From Therese (Mentoring/Networking)

Joan Johnson and I plan on holding one support group each month to assist providers with NAFCC Accreditation and the Maryland Credential. Meetings will be virtual on the third Thursday of each month from 6:30 – 7:30 pm. Here is the link for the months ahead

<https://howardcountymd.webex.com/howardcountymd/j.php?MTID=mco003bf5632c8cf1a135f7437af4ffd2>

Here is the meeting schedule

- *3/17/22 (Accreditation)*
- *4/21/22 (Credential)*
- *5/19/22 (Accreditation)*

Please feel free to reach out if you have any questions or concerns

Therese Mason-443-850-3400

laurelbutterflychildcare@gmail.com

Or

Joan Johnson -410-313-1432

jmjohnson@howardcountymd.gov



All are welcome to join our women's walking group. We meet weekly either on a Saturday or Sunday 9am at local a walking path to socialize and get exercise together. Attend whenever it's convenient for you. Join our Facebook group or text me for more information.

https://www.facebook.com/groups/147690680847397/?ref=share_group_link



Application For Letter of Volunteerism

From Anita (Volunteer Coordinator)

First, I would like to say Thank You for the outpouring of support showed to me upon the death of my husband, Donald Swan. After almost 48 years together, life will be so different without him.

Spring is coming and this is always a busy time for many organizations including us. We have events coming that need volunteers to handle our booths. We are also at the time when we have to have volunteers for our Board positions and chair positions. Just because someone is doing the job does not mean that you can't step up to do their job. Each year we hold an election, and it has become more of just ratifying those who have stepped up rather than a true election with more than 1 person running for a position. Please consider helping. I have spent 30 years with this organization, and I would hate to see it fail.



From Nancy (Parent Message Board Coordinator)

If you have a parent inquiring about an opening at your child care home and you are unable to accommodate them, please offer to help them by taking their name, contact information (phone and/or email), their needs for

care, and their location. Please email the information to me and I will in-turn forward it to the Association. Or you can certainly refer them to our Parent's Message Line at (301) 776-4841 or our website HCFCCA.com.



From Deena (Marketing and Public Relations)

MARCH, our 1st HCFCCA Conference! How exciting it will be to get together in-person, receive training hours and attend a venue close to home. Reading our flyer there are MANY exciting reasons to attend. Hopefully everyone is registered, please register early before it's sold out!

Thank you to all who volunteered at the Child Care Fair in February! We were able to assist parents looking for Child Care. We are getting our name out to the community and are able to inform them of what our members offer.

Two upcoming events:

1. Children's Discovery Fair on Saturday, April 23. It will be exciting to see children stop by the different stations that are set up and discover, play and learn the fun activities offered. I will need volunteers for this fun event, more information will follow. Please contact Deena at Dloveshearts@aol.com
2. Nearly New Sale, Saturday, April 23. (Yes, same date) We are able to connect with our nearby communities and again get our Howard County Family Child Care Association name out to the families in our community. I will need 3 or 4 volunteers. Do you need PAU's???? Now is the time to volunteer.



From Thelma (MSFCCA Director)





From Claudia (Website Coordinator)

ADAPTED FROM PINTREST.COM

Cucumber Party Sandwiches

Looking for something fun, easy and green to feed your children for St. Patrick's Day? Well, here is a recipe for you.

Ingredients

- 1 package (8 ounces) cream cheese, softened
- 2 tablespoons mayonnaise
- 2 teaspoons Italian salad dressing mix
- 30 slices cocktail rye or pumpernickel bread
- 60 thin cucumber slices

- Optional: Fresh dill sprigs and slivered red pearl onions

Directions

1. Beat cream cheese, mayonnaise and dressing mix until blended; let stand 30 minutes.
2. Spread cream cheese mixture on bread. Top each with 2 cucumber slices and, if desired, dill and red onion slivers. Refrigerate, covered, until serving.



From Natacha (Social Media Chair)



**Maryland State Department of
Education (MSDE)**

Division of Early Childhood		
Steven R. Hicks	Assistant State Superintendent	410-767-0335
Sharon Brooks	Executive Associate	410-767-0335
Vacant	Legislative Liaison/Program Developer	410-767-6786
Kenneth Blackman	Research Statistician	410-767-0583
Donna Pennewill	Fiscal Service Officer	410-767-0814
Eunice Lee	Fiscal Service Administrator	410-767-0339
Danella Scruggs	Agency Grants Specialist	410-767-7824
Kim Stewart	Agency Grants Specialist	410-767-7802
Alberto Stokes	Early Childhood Systems Specialist	410-767-0112
Alexis Washington	Communications and Outreach Specialist	410-767-7115
James McMahan	Specialist, ECCATS	410-767-6922
Rachel Demma	Director, Early Childhood System Development	410-767-0339
Office of Child Care		
Jennifer Nizer	Director, Office of Child Care	410-767-7823
Tara Bartosz	Assistant - Director of the Office of Child Care	410-767-7823
Early Learning Branch		
Judy Walker	Branch Chief	410-767-6549
Zina Spriggs	Administrative Aide	410-767-7798
Erika Anderson	Specialist, Early Learning	410-767-0646
Roslyn Coleman	Specialist, Early Learning	410-767-4441
Donald Corbin	Specialist, Early Learning	410-767-0240
Susan Harman	Specialist, Early Learning	410-767-0428
Charlie Mitchell	Specialist, Early Learning	410-767-0586
Nykia Washington	Specialist, Early Learning	410-767-0088
Vacancy	Specialist, Early Learning	410-767-7811
Licensing Branch		
Louis Valenti	Branch Chief	410-767-7128
Jaqueline Blanding	Administrative Aide	410-767-7128
David Hamauer	Criminal Background Investigations	410-767-0721
Teresa Lewis	Licensing Systems Project and Systems	410-767-7037
Manjula Paul	Nurse Consultant	410-767-1853
Child Care Scholarship Branch		
Rene Williams	Branch Chief	410-767-0140
Stephen Lenzner	Administrative Support	410-767-0578
Olivier Bithari	Quality Assurance Auditor	410-767-9655
Robyn Cobb-Randall	Policy Specialist	410-767-0649
Raye Dugger	Quality Assurance Specialist	410-767-7840
Lorena Guido	Quality Assurance Auditor	410-767-7811
John Lamb	Assistant Branch Chief	410-767-7831
Beverly Ollivierre	Quality Assurance Manager	410-767-9654
Janielle Shorts	Monitoring Specialist	410-767-7832
Christopher Viamonte	Administrator	301-502-2999
POC HELPLINE		1-866-243-8796
Amber Green	Specialist, CCATS	410-767-8187
Eric Bundy	Specialist, CCATS	410-767-0440
Morgane Cole	Specialist, CCATS	410-767-9684
Allen Ward	Specialist, CCATS	410-767-0451
DeMoyné White	Specialist, CCATS	410-767-5964

Frederick County Office of Child Care (Region XII)		
5303 Spectrum Drive, Suite G Frederick, Maryland 21703 Janet Speak	Regional Manager	301-696-9766
Garrett County Field Office		
430 Weber Rd, Suite B Oakland, Maryland 21550 Dawna Rodeheaver	Lead Licensing Specialist	301-334-3426
Howard County Office of Child Care (Region VI)		
3300 North Ridge Road, Suite 190 Ellicott City, Maryland 21043 Sharon Afework Michelle Royal	Regional Manager Office Secretary	410-750-8770
Lower Shore Office of Child Care (Region IX)		
201 Baptist Street Suite 32, Multi-Service Bldg., 2nd FL Salisbury, Maryland 21801 Suzanne Roark Angela L. Bell	Regional Manager Office Secretary	410-713-3430
Montgomery County Office of Child Care (Region V)		
51 Monroe Street, Suite 200 Rockville, Maryland 20850 Carl Eggleston Latonya Jones	Regional Manager Office Secretary	240-314-1400
North Central Office of Child Care (Region XI)		
3105 1A/B Emmorton Road Abingdon, Maryland 21009 Beth O'Connor Alexandria Fortune	Regional Manager Office Secretary	410-569-2879
Prince George's County Office of Child Care (Region IV)		
807 Brightseat Road Landover, Maryland 20785 Danita Moore Kimberly Chambers	Regional Manager Office Secretary	301-333-6940
Southern Maryland Office of Child Care (Region X)		
41670 Courthouse Drive, P.O. Box 1709 Leonardtown, Maryland 20650 Susan Copsey Cathy Clements	Regional Manager Office Secretary	301-475-3770 800-874-6797
Upper Shore Office of Child Care (Region VIII)		
301 Bay Street, Suite 305 Easton, Maryland 21601 Sandy Kepler-Klunk	Regional Manager	410-819-5801

Collaboration and Program Improvement Branch		
Cynthia LaMarca Lessner	Branch Chief	410-767-0337
Levette Woodrum	Administrative Support	410-767-0583
Amy Beal	Judy Center Partnership	410-767-0675
Vacancy	Specialist Judy Center	410-767-7802
Wendy Dantzer	Program Coordinator	410-767-8959
Tresa Hanna	Grants Specialist	410-767-3396
Malkia McCleed	Communications Specialist	410-767-0602
Credentialing Branch		
Angeline Bishop-Oshoko	Branch Chief	410-767-6916
Adele Beulefeld	Administrative Officer	410-767-7805
Nancy Cahlink-Seidler	Training Approval Coordinator	410-767-7852
Deborah Langer	Training Specialist	410-767-7813
LaTanya Taylor	Credentialing Specialist	410-767-6947
Jacqueline Woodruff	Grants Specialist	410-767-8961
Agnetha Wright	Deputy Branch Chief	410-767-6923
EXCELS		
Lindi Budd	Branch Chief	410-767-7845
Vacancy	Administrative Aide	410-767-1664
Vacancy	Quality Assurance Coordinator	410-767-8961
Michelle Young	Community Outreach Specialist	410-767-7814
Jena Smith	Quality Assurance Manager	410-767-0580
Andrea Zabel	Quality Measurement Specialist	410-767-7863
Allegany County Field Office		
3 Pershing Street Cumberland, Maryland 21502 Ruth Lafferty	Lead Licensing Specialist	301-777-2385
Anne Arundel County Office of Child Care (Region I)		
49 Old Solomons Island Road Annapolis, Maryland 21401 Renee Woodard Tonya Smith	Regional Manager Office Secretary	410-573-9522
Baltimore City Office of Child Care (Region II)		
2700 North Charles Street, Suite 203 Baltimore, Maryland 21218 Sherry Tsigounis Kay Abrams	Regional Manager Office Secretary	410-554-8300
Baltimore County Office of Child Care (Region III)		
409 Washington Avenue, Suite LL8 Towson, Maryland 21204 Amber Riley Andrea Brown	Regional Manager Office Secretary	410-583-6200
Carroll County Office of Child Care (Region XIII)		
1643 Liberty Road, Suite 205 Eldersburg, Maryland 21784 Sharon Afework	Regional Manager	410-549-6489

Washington County Office of Child Care (Region VII)		
1075-C Sherman Avenue Hagerstown, Maryland 21740 Dolores Harmon Dee Myers	Regional Manager Office Secretary	301-791-4585

Contacting the Division Branches

Office of Child Care –
earlychildhood.msde@maryland.gov

Early Learning Branch
early.learningbranchesmsde@maryland.gov

Collaboration and Program Improvement Branch
– collaboration.programimprovement@maryland.gov

Licensing – licensingocc.msde@maryland.gov

Credentialing –
credentialocc.msde@maryland.gov or 1-866-243-8796

Subsidy – ccscentral@conduent.com or 1-866-243-8796

Maryland EXCELS – info@marylandexcels.org

Tuesday Tidbits-February 22, 2022

Tuesday Tidbits-January 25, 2022



JOIN THE FOOD PROGRAM AND GET PAID TO SERVE NUTRITIOUS FOOD!

What is the Child and Adult Care Food Program (aka CACFP)?

- USDA CACFP is a federal program that reimburses family child care providers for serving nutritious meals and snacks to children.

Why join the Food Program?

- It's Free!
- All regulated FCC providers are eligible to join the CACFP.
- There are two main benefits:
 - Nutritional Benefits – You will receive the most up-to-date nutrition education based on USDA guidelines to help you plan and serve healthy meals and snacks to the children in your care.
 - Nutritious food contributes to the wellness and development of young children and teaches them healthy eating habits that last a lifetime!
 - Financial Benefits – Each month you will report, through KidKare (the free software we provide to our providers), the number of meals and snacks you serve. You will then receive a reimbursement to help you cover the costs of the food you served.
 - Providers receive reimbursement based on Tiering:
 - Tier 1 Rate – Higher rate of reimbursement if you live in a community that is economically in need and/or qualify by household income.
 - Tier 2 Rate – Lower rate – “All Other Providers”
 - If you serve one breakfast, lunch and a snack per day the average rate of reimbursement “per child” is:
 - Tier I (higher) - \$1,205 per year (20/21 Rate)
 - Tier II (lower) - \$577 per year (20/21 Rate)

NOTE: USDA Announced in April 2021 that because of the COVID 19 Pandemic a waiver has been put in place that allows all providers to receive the higher Tier 1 Rate of Reimbursement from JULY 1, 2021, through JUNE 30, 2022.

Is it financially beneficial for me to be on the program? What about taxes?

- Joining the food program makes financial sense. You are always financially better off on the Food Program.
 - Do you want to win the lottery?
 - If your spouse got a raise, would you accept it?
 - If your child care parents paid you more, do you want it?
 - The answer is “yes” to all the above. In each of these scenarios you earn more money, pay more in taxes, and have **MORE MONEY IN YOUR POCKET** after paying taxes.
 - **MORE INCOME IS ALWAYS BETTER!!!**
 - For every \$1000 you receive from the CACFP you can expect to keep about \$600-\$700 in your pocket after taxes.



Common Objections:

"It's too much paperwork" – Well we all know paperwork is no fun, BUT you are being paid to do the paperwork. The Planning Council pays for KidKare and offers it free to all providers. KidKare reduces your paperwork, and you can use your smartphone, iPad, laptop and/or computer to record your meals and attendance and use eForms to enroll your children, etc.

- If you spend 3 hours/week doing paperwork and care for 4 children, serve breakfast, lunch, and a snack = 156 hours/year
- Tier 1 – $\$1205 \times 4 = 4820 \div$ by 156 hours = $\$30.89$ per hour
- Tier 2 – $\$577 \times 4 = 2308 \div$ 156 hours = $\$14.79$ per hour

"I only qualify for Tier 2 Rate and the CACFP reimbursements don't cover the cost of my food."

- Some money is always better than no money.
- If you got \$1000 from the CACFP and your food costs were \$2500
 - Why give up \$1000 in income?
 - If you do not take the \$1000 income from the CACFP your food costs will not change.

"My enrollment is low; I'm Tier 2 and I only serve one (1) snack. It's not worth it to claim a 21-cent snack."

- Well, actually "NO" that is inaccurate.
 - You will earn approximately \$10.06 per hour by claiming a 21-cent snack.
 - 1 child \times $\$.21 \times$ 5 days a week \times 52 weeks = $\$54.60$ a year
 - 4 children \times $\$.21 \times$ 5 days a week \times 52 = 218.40 a year
 - 5 minutes a day to enter it into KidKare = 21.7 hours a year
 - $\$218.40 \div 21.7$ hours = $\$10.06$ per hour for your CACFP hours.

"I will lose my food deductions if I join the CACFP so I will be worse off financially."

- Nope! This is a common misunderstanding.
- You are entitled to claim food expenses in the same way whether you are on the CACFP or not.
- You can deduct the meals/snacks you get reimbursed for by the CACFP.

JOIN Now! *There really aren't any serious objections to joining the CACFP. It's a wonderful nutrition program that will help keep the children in your care healthy and it's a significant financial benefit that will put cash in your pocket.*

TO GET STARTED CALL THE PLANNING COUNCIL @ 1-800-477-3993, ext. 3025 or 410-967-5848



CRAFT AND ACTIVITY

Curly Curls

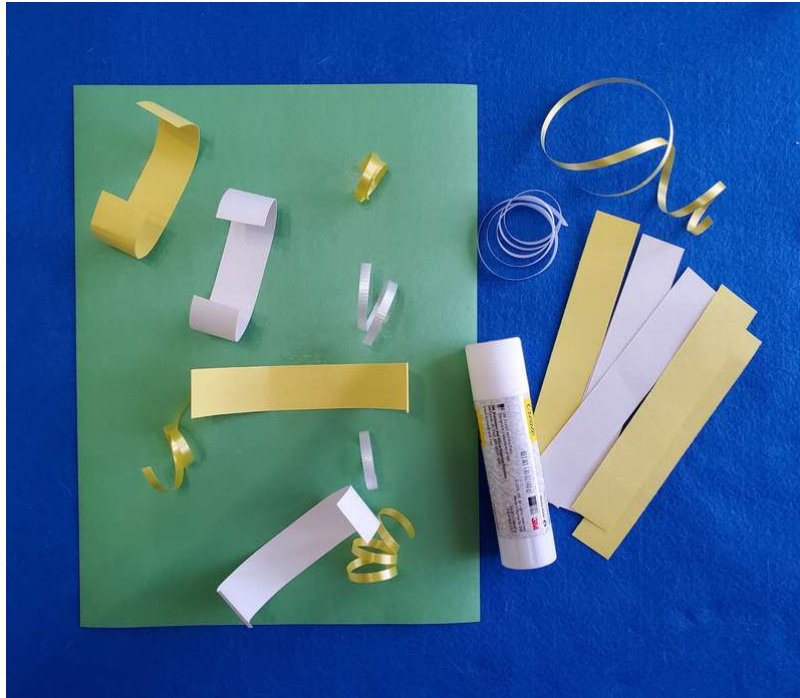
adapted from themailbox.com

Center: discovery tub (lions and lambs)

Description

This discovery tub is inspired by curly lambs' wool and lion manes! In advance, place white and yellow paper strips in a tub along with pieces of white and yellow curling ribbon. (Note: use the edge of a pair of scissors to pre-curl the ribbon.) Also, provide gluestick and sheets of

construction paper. Before students visit the center, show them how to wrap a paper strip around a marker to curl the strip. Then encourage students to visit the center and create using the provided items.



RECIPES

Adapted from www.kids-cooking-activities.com



LEPRECHAUN PANCAKE BREAKFAST

Create a fun leprechaun breakfast with pancakes. Use sliced bananas, blueberry and kiwis to decorate his face. Orange segments fill his beard and a chocolate licorice helps with the buckle on his kiwi hat.

HCFCCA FUNDRAISERS



2022 Fundraiser

Money is due April 26,2022

Once again, the Association is making GROUP DISCOUNT RATE tickets available for purchase.

These are INDIVIDUAL TICKETS

WE DO NOT HAVE TO GO AS A GROUP

Regular Admission Price is \$77.80

Ask family, friends, and clients if they are interested in buying tickets. This group rate saves over 45% off regular admission!

Tickets are valid April 2,2022-January 2, 2023

ALL AGE ADMISSION (3 and up) ---> \$43.00

Hershey implemented enhanced safety measures to address the inherent risk of exposure to COVID-19 that exists in any public place.

Checks should be made payable to HCFCCA. I will accept cash if it is hand delivered to my address.

ALL ORDERS MUST BE IN BY April 26,2022

Send to: Angela Lamberti
6695 Possum Court
Columbia, MD 21045

Order Form MUST be submitted with Payment!

Name:	Phone #: <input type="text"/>		
	Price	# of tickets	Total
	43.00		=
			=
Total of all tickets purchased	=		=

HCFCCA Shaklee Fundraiser



When it comes to food, most of us are very conscious about using healthy ingredients. But what about the products we put on our skin? We don't always think about the ingredients in our lotions, cleansers, and moisturizers, but what we use on our body is just as important as what we put in it. Here's why it's a good idea to choose skin

care with clean ingredients.

From the Outside In

Most of what you put on your skin is absorbed into your body. This means that any harmful ingredients in skin care products can potentially damage your skin and could even put toxins into your bloodstream. For example, some cleansers contain petroleum and paraffins that contain toxins and can clog pores. A safer alternative would be our Luminous Gel Oil Cleanser, which uses exfoliating green algae and avocado oil to calm and hydrate skin.

Allergens and Sensitivities Skin care products can contain allergens, so you'll want to take note if certain products cause itching or rashes. Even if you don't have allergic reactions, your skin may still be sensitive to common skin care ingredients, especially if there is some sort of acid present. Your best bet is to go with skin care that's considered clean beauty.

Clean Beauty

A clean beauty product is anything that doesn't contain harmful ingredients that are commonly found in skin care products, like parabens, phthalates, PEG derivatives, and artificial colors and fragrances. Usually, clean beauty contains ingredients that are naturally derived. Radiance C+E, for example, uses vitamin C and E and raspberry cell extract to visibly reduce the appearance of fine lines and wrinkles. And for moisturizing and hydrating skin, Moisture Lock Day Cream and Moisture Activating Serum use a formula made with botanical ingredients, including cactus extract, muscadine grape, Lotus Japonicus, and Schisandra Chinensis. The best thing about clean beauty is that it prioritizes not only the look but also the health of your skin. It's time to clean up your skin care routine with products that use safe ingredients. If you need some ideas, our whole YOUTH ® line is FREE of over 2,500 harmful chemicals and questionable ingredients commonly found in skin care products. And remember—skin care ingredients matter because your health matters the most.

HCFCCA Shaklee Fundraiser

STEP 3: Kill Germs & Viruses

**BASIC-G® GERMICIDE
+ SPRAY BOTTLE**

- Powerful multipurpose germicide to disinfect, clean, and deodorize.
- Effective against 30 types of bacteria and 26 types of viruses, including human coronavirus.*2

**TOUGH ON GERMS & VIRUSES
INCLUDING HUMAN
CORONAVIRUS (COVID-19)†**



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HCFCCA PROVIDER INFORMATION

Print out the following information if you serve Domino's pizza to your children and you are on the Food Program.

(12619) 14" Hand Tossed (18.2 oz.) Pepperoni Pizza- 8 Cut



Number of Servings: 8 (121.55 g per serving)
 Weight: 972.39 g

Amount Measure Ingredient Comments

- 0.10 oz Corn Meal WCS:
- 18.20 oz Dough, Hand Tossed SCREEN 2.25 Grains
- Sauce, Pizza RTU WCSX 1/8 Fruit/Veggie Alternate
- 6.00 oz Cheese, Pizza C
- 7.00 oz 0.84 Meat/Meat Alternate
- 2.50 oz Better Pepperoni 0.28 Meat/Meat Alternate
- 0.50 oz Garlic Oil Blend Real Cheese WCS:

Nutrition Facts	
8 servings per container	
Serving size 1 slice (122g)	
Amount per serving	
Calories	300
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 9g	28%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 960mg	29%
Total Carbohydrate 34g	12%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 1g Added Sugars	2%
Protein 12g	
Vitamin D 2mcg	0%
Calcium 160mg	10%
Iron 2mg	10%
Potassium 202mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Allergens: Contains Milk, Soy, Wheat.
 May also contain Sesame Seeds.

Ingredients: Hand Tossed Crust: (Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Soybean Oil, Sugar, Salt, Whey, Maltodextrin, Dextrose, Dough Conditioners (Sodium Stearoyl Lactylate, Enzyme, Calcium Sulfate, Ascorbic Acid, Calcium Phosphate, L-Cysteine), Yeast), Pizza Cheese Part Skim Mozzarella Cheese (Pasteurized Milk, Cultures, Salt, Enzymes), Modified Food Starch, Cellulose (Added To Prevent Caking), Nonfat Milk, Whey Protein Concentrate, Flavors, Sodium Propionate (Added as A Preservative), Pizza Sauce: Tomato Purée (Water, Tomato Paste), Sugar, Salt, Spices, Garlic, Soybean Oil, and Citric Acid, Pepperoni Pork and Beef, Salt, Spices, Dextrose, Lactic Acid Starter Culture, Natural Flavors, Oleoresin of Paprika, Sodium Ascorbate, Sodium Nitrite, Citric Acid, Garlic Oil Blend Butter Flavored Oil (Liquid and Hydrogenated Soybean Oil, Palm Oil, Salt, Natural Flavors (contain Canola Oil and Lipolyzed Butter Oil), Sunflower and Soy Lecithin, Lactic Acid, Colored with Turmeric and Beta Carotene, Artificial Flavor, TBHQ and Citric acid (protect flavor), Vitamin A Palmitate, Autolyzed Yeast Extract, Beta Carotene (color)), Dehydrated Garlic, Parmesan Cheese (part skim milk, cheese cultures, salt, enzymes), Salt, Dehydrated Parsley, Spice, Annatto Extract (color), Natural Flavor, Citric Acid, Lactic Acid, Oleoresin Rosemary, Corn Meal Yellow Corn.

Notes:

The pizza listed above, when made with approved Domino's ingredients, will provide the nutritional composition as indicated. Information may vary slightly depending on location and supplier base.

Domino's Pizza - Quality Assurance



PRODUCT FORMULATION STATEMENT: GRAINS/BREADS

Product Name: 14" Hand Tossed (18.2 oz.) Pepperoni Pizza - 8 Cut

Code No: 12619

Case Weight and Pack/Count: 1 Pizza = 8 Slices

Total weight (grams or ounces) of one ready to eat serving of product: 1 slice = 121.55 gr = 4.29 oz

List the exact types and weights of each enriched and/or whole grain meal, flour, bran or germ per product serving:

Domino's Hand-tossed contains 39.34 g of creditable Grain ingredient per serving.

Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G, Group H or Group I. (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.) Indicate to which Exhibit A Group (A-I) the Product Belongs: B

I certify that the above information is true and correct and
29 oz/ 121.55 g ready to eat serving of the

A handwritten signature in black ink, appearing to read "James Zimmer".

USDA Child Nutrition Programs.

Brand Manager- Smart Slice

SIGNATURE TITLE

James Zimmer 11/6/2019 PRINTED NAME DATE



PRODUCT FORMULATION STATEMENT: MEAT/MA

Product Name: 14" Hand Tossed (18.2 oz.) Pepperoni Pizza- 8 Cut Code No: 12619 1 pizza/8 slices per pizza/4.29

Manufacturer: Domino's Pizza LLC
Case/Pack/Count/Portion/Size:

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate
oz per slice

I. Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide	Ounces per Raw Portion of Creditable Ingredient	Multiply	Food Buying Guide Yield	Creditable Amount*
Cheese, Pizza	0.88	X	0.96	0.84
Pepperoni	0.32	X	0.88	0.28
		X		
A. Total Creditable Amount*				1.12

*Creditable Amount – Multiply ounces per raw portion of creditable ingredient by the Food Buying Guide yield.

Total weight (per portion) of meat/ma as purchased 3.29 oz/ 121.55 gr

per portion) 1.00 oz
(cannot count for more than the total weight of product.)

I certify that the above information is true and correct and that a **4.29** ounce serving of the above product (ready for serving) contains 1.00 ounces of equivalent meat/meat alternate when prepared according to directions.

Brand Manager- Smart Slice
SIGNATURE TITLE

James Zimmer 11/6/2019 PRINTED NAME DATE

PHONE
NUMBER: 800-810-6633



The Office of Children and Families is excited to offer a free, new opportunity for infant and toddler early care and education providers. You are invited to partner with us to address the social and emotional needs of children.

The primary goal of this program is to increase early care and education providers' capacity to address the **social and emotional needs of children age birth to three** by providing coaching, consultation and training services in infant and toddler classrooms.

We provide infant/toddler staff the opportunity to:

- set the stage to decrease negative behaviors in the classroom;
- develop innovative strategies to manage challenging behaviors;
- teach children new skills to replace challenging behaviors; and
- support each other in addressing difficult behaviors

A partnership with the PPO I/T program will **provide your infant/toddler teachers with a certified coach**, offering a one-on-one approach within each classroom, and access to free resources and materials. Your coach will model techniques, observe staff/child interactions, and provide hands-on strategies to equip teachers of young children with the tools and information to better regulate and more effectively address the developing emotions of those in their care.

For more information, or to participate,
contact the CAREline at

410-313-CARE (2273)

VOICE/RELAY

children@howardcountymd.gov • www.howardcountymd.gov/children



If you need this information in an alternative format, contact the Office of Children and Families at 410-313-1940 (voice/relay) or children@howardcountymd.gov.

Directory of NACES Members

If you have been referred to the NACES website for an evaluation of your non-US studies, please select a NACES member organization from the list below. This list provides links to each member's website – we recommend that you contact our members directly to obtain information about the services they offer, their fees, and their requirements.

Current Members

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Member since May 2008

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Member since March 1987

[Educational Perspectives, LLC](#)
Member since April 2003

[Educational Records Evaluation Service, Inc.](#)
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Member since March 1987

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Member since April 1989

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Member since September 2011

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Member since March 1987

NATIONAL ASSOCIATION OF CREDENTIAL EVALUATION SERVICES, INC.

*An Association of Independent Evaluation Services
Revised 3/31/2011*

Center for Applied Research Evaluation & Education P. O. Box 18358 Anaheim, CA 92817 Phone: 714-237-9272 www.iescareg.com	FACS, Inc. Foreign Academic Credentials Service, Inc. P.O. Box 400 Glen Carbon, IL 62034 Phone: 618-656-5291 www.facsusa.com
Educational Credential Evaluators, Inc. P.O. Box 514070 Milwaukee, WI 53203-3470 Phone: 414-289-3400 www.eca.org	Foundation for International Service, Inc. 14926 35th Avenue West Suite 210 Lynnwood, WA 98097 Phone: 425-248-2255 www.fis-web.com
Education Evaluators International, Inc. 11 S. Angell Street #348 Providence, RI 02906 Phone: 401-521-5340 www.educei.com	International Consultants of Delaware, Inc. P. O. Box 8629 Philadelphia, PA 19101-8629 or 3600 Market Street, Suite 450 Phone: 215-222-8454 ext. 603 www.icdel.com
Educational Perspectives P.O. Box 618056 Chicago, IL 60661-8056 Phone: 312-421-9300 www.edperspective.org	International Education Research Foundation, Inc. P.O. Box 3665 Culver City, CA 90231-3665 Phone: 310-258-9451 www.ierf.org
Educational Records Evaluation Service, Inc. 601 University Avenue Suite 127 Sacramento, CA 95825 Phone: 916-921-0790 www.eres.com	Josef Silny & Associates, Inc. International Education Consultants 7101 SW 102 Avenue Miami, FL 33173 Phone: 305-273-1616 www.jsilny.com
Evaluation Service, Inc 333W. North Ave. #284 Chicago, IL 60610-1293 Phone: 847-477-8569 www.evaluationsservice.net	Span Tran Educational Services, Inc. 7211 Regency Square Blvd. Suite 205 Houston, TX 77036-3197 Phone: 713-266-8805 www.spantran-edu.org
Foreign Educational Document Service P.O. Box 4091 Stockton, CA 95024 Phone: 209-948-6589 www.documentsservice.org	World Education Services, Inc. Bowling Green Station P.O. Box 5087 New York, NY 10274-5087 Phone: 212-966-6311 www.wes.org

Please Note:

Credits from institutions in other countries shall be evaluated for comparability of degree and course work by an independent agency authorized to analyze foreign credentials. The agencies listed above are designated by the Department to provide this service. A course-by-course evaluation using original documents is required.



CONTACT US

Howard County Family Child Care Association

HCFCCA

P.O. Box 2154

Columbia, MD 21045

(301) 776-4841

You are a member of HCFCCA, this entitles you to our monthly newsletter.

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