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Board of Directors

Committee Chairpersons

Provider Resources

The Maryland Department of Commerce announced that applications are now open for the Child Care Capital Support Revolving Loan Fund, which was passed during the most recent General Assembly session. The fund will operate in partnership with the Maryland State Department of Education (MSDE) and provide nointerest loans for capital expenses to child care providers who are licensed and participate in MSDE's Child Care Scholarship Program. Applications will be accepted through October 31, 2022. For more information and to apply online, click here.

"We are very pleased to work with our partners at MSDE to offer this program, which will help many of our state's child care providers be able to build a new facility, or make improvements or expand their existing facilities," said Maryland Commerce Secretary Mike Gill. "This program is especially critical in our rural communities where there is a significant need for additional child care resources."

"In conjunction with the Maryland Rebuilds grant program and child care stabilization grants, the Child Care Capital Support Loan fund will help strengthen and expand child care throughout the State, especially in under-served communities," said State Superintendent of Schools Mohammed Choudhury. "Our goal is that every family across the State, no matter zip code or income, has access to high-quality early childhood education

programs, so that all children can experience excellent learning opportunities and the best possible outcomes."

In addition to being licensed by MSDE and participating in the Child Care Scholarship Program, priority is given to eligible child care providers that meet the following criteria:

- Located in underserved communities or areas designated by MSDE as lacking available child care slots.
- Located in rural communities.
- Serving primarily low-income populations in areas of high poverty.
- · Serving children with special needs; and
- Serving children ages 2 and younger.

Funding may only be used for capital expenses related to a child care facility and includes the purchase of an existing facility or construction of a new facility, as well as expansion or renovation of an existing facility. The loan cannot be used for working capital or operational expenses.

Questions can be directed to Caroline Kimani at caroline.kimani@maryland.gov or 410-767-0939.

About Maryland Commerce

The Maryland Department of Commerce stimulates private investment and creates jobs by attracting new businesses, encouraging the expansion and retention of existing companies, and providing financial assistance to Maryland companies. The Department promotes the State's many economic advantages and markets local products and services at home and abroad to spur economic development and international investment, trade and tourism. Because they are major economic generators, the Department also supports the arts, film production, sports and other special events. For more information, visit commerce.maryland.gov



From (President)

This position is vacant.

HCFCCA needs you!

I know there is a strong leader within our association that can take on the responsibilities of leading our association for our 2022/2023 year. Please reach out to any of the board members if you are interested.



From Angela (VP of Education)

Connecting Assessment to Curriculum and Instructions

This workshop explains the assessmentinstructional cycle. Participants will leave with an understanding of how to assess children, analyze the data and make modifications to the curriculum to meet the learning needs of all children. This training is virtual.



From Melissa (Newsletter Editor)

Newsletter Deadlines

Due Date Newsletter for Month of

November 13th December

December 11, 2022 January

January 15, 2023 February

February 12, 2023 March

March 12, 2023 April

April 16, 2023 May

May 14, 2023 June

July 15, 2023 Summer Newsletter in

August



From Uyen (Marketing/Public Relations)

In October, our Association had a chance to participate in a Trunk or Treat event to benefit Make-A-Wish Foundation organized by Play and Connect Group. Here are some of the highlight pictures.























From Therese (Mentoring/Networking)

National Accreditation and Credentialing

National Accreditation has providers look at their program using the self-study tools and develop an improvement plan. Providers look at their interactions with their families, their environment, curriculum, and business practices. There are 289 standards that weave through 4 levels. Many of these standards are also MSDE regulations. Being Nationally Accredited helps you move up the ladder in the Credentialing and EXCELS programs. It also provides validation that you are a high-quality child-care program.

Think you might be interested in doing this? MSDE will pay the fees if you are credentialed at a level 2 or higher. Need help with Credentialing or National Accreditation?

Contact me if you have any questions or if you're interested laurelbutterflychildcare@gmail.com 30172529 63 www.facebook.com/laurelbutterflychildcare



Walking Group

All group walks weather permitting will be at Centennial Park on Saturday morning only at 8am. We will always meet at pavilion D. All are welcome. Please join the Facebook group to be notified about walks and other events.

https://www.facebook.com/groups/147690680847397/?ref=share_group_link

All are welcome to join us for a relaxed walk and networking at different local walking trails.



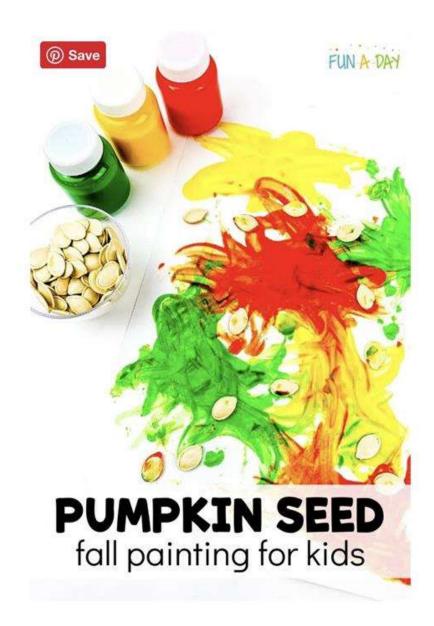
From Delali (Treasurer)

Hello everyone!!!

I hope you and your family are doing well. I would like to remind everyone to put their name and what the payment is for in the memo section. Otherwise, your payment will be considered a donation to the association until someone lets me know. Please remember that Cash Apps and Zelle are faster and easier ways for your payment to be processed. You must state your name and that the payment is for membership in the memo section. If you have any questions or concerns, please do not hesitate to email, treasurerhcfcca@gmail.com







From Claudia (Hospitality)

Fall is a wonderful time to discuss colors with young children.

This is especially true if you happen to live in an area where the leaves change color with the seasons.

This specific activity lets the children explore fall colors while they create art using pumpkin seeds.

My favorite thing about this activity is that it not only combines two senses — touch and sight — but it's also open-ended enough that children can get as creative as they'd like.

Materials List

- Pumpkin seeds
- Finger paints in fall colors
- Construction paper or canvas
- <u>Paper towels</u> or <u>wipes</u>

You can add additional art materials to this activity if you want to.

How to Create this Fall Painting Activity for Kids

Start by passing out white construction paper to each child. It can be the standard size or larger pieces. It just depends on what you prefer (or what you already have in stock).

Then, talk with the children about the different fall paint colors you have to choose from. When we painted with pumpkin seeds, we used yellow, green, and a reddish orange.

Once their color palette is set, help the children place small drops of paint on their paper. Then, have them place their pumpkin seeds on the paint.

You might want to start off with one pumpkin seed per paint color. If the children want more once they get started, you can give them a few or place a handful of seeds within their reach.

Creating Pumpkin Seed Fall Art

Now it's time to let the children create! The kids can use their fingers to push the pumpkin seeds through the paint, sliding along the construction paper.

Some children might want to use the pumpkin seeds to stamp all over the paper too. Still others might want to move the paper around, seeing if the seeds will slide a little as they do so.

Once the kids are happy with their creations, place them on a drying rack, or another safe place to dry.

Both the final product and the process of creating this piece of artwork will be so unique to each child. That's the real beauty of this fall painting activity for kids!



From Teresa (Membership)

We survived the first couple of months of school and our first couple of HCFCCA trainings of the year! Thank you to those members that have renewed their memberships. Please continue to reach out to others to have them join our Association. Remember to check your emails for any news regarding your membership or upcoming training. Fill out your renewals online. If you do not get your membership renewed by the end of your expiring month, you may risk the chance of not being able to attend our classes.

You can find the application on our website at <u>HCFCCA.org</u>. Our fee is \$80 or \$70 if you do not want to join the MSFCCA. Please remember to either electronically send your payment (with your full name on the subject line if someone else is submitting payment for you) along with your application or you can mail a check separately to HCFCCA, P.O. Box 2154, Columbia, MD 21045.

If you need help with anything regarding your membership please reach out, I am here to help!



From Thelma (MSFCCA Rep)



From Lynda (Sunshine)





From Anita (Volunteering)

Help! I need to earn a Professional Activity Unit (PAU)

"How can I earn a Professional Activity Unit (PAU) for the Maryland Credential Program?" To help you meet your need for these PAUs, listed below are some ways to earn a PAU during this pandemic: 1 PAU:

- -Member of a local, state, or national child care professional organization (may count only one membership) *
- -Active Child Care Association committee member
- -Responsible for the child care food program for the child care center or home
- -Informal mentor
- -Hold a current teaching certificate in the state of MD
- -Child Care Resource Center (CCRC) volunteer (6 clock hours each credentialing year
- -10 years of experience working with children in a child care program
- -Maryland EXCELS and accreditation peer support group or Community of Practice

- -Active Association Board Member*
- -Newsletter Contributor* (e.g., parent newsletter, school newsletter, HCFCCA Newsletter).
- -Three credit college course work -Successful completion of three (3) college credits
- -Program Accreditation (Center Director family child care provider only) *Lead facilitator in the accreditation process.
- -20 years of experience working with children in a child care program
 -Completion of rating scale for own program FCCERS (part of level 3 of Excels)

3 PAUs

- -National child care conference attendance.
- -Editor of local, state, or regional child care newsletter –HCFCCA Newsletter Editor
- -Successful completion of six (6) college credits
- -30 Years of experience working with children in a child care program

A complete list of all the Credential Information and PAUs can be found here: https://earlychildhood.marylandpublicsch ools.org/system/files/filedepot/3/msdeiich ildcareo90215.pdf

Remember, being Credentialed is money in your pocket and a good selling item to parents. You must also be part of the Credential program to be in the EXCELS program. There are many opportunities to help.

APPLICATION FOR LETTER OF VOLUNTEERISM





From Nancy (Secretary and Parent Line and Nominating Committee)



Maryland State Department of Education (MSDE)



Division of Early Childhood

Last updated: 3/24/2022

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Elizabeth Chambers	Judy Center Program Specialist	410-803-571	
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EDUCATION

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Raye Dugger	Quality Assurance Specialist	410-767-7840
Lorena Guido	Quality Assurance Auditor	410-767-7811
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Janielle Shorts	Monitoring Specialist	410-767-7832
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EDUCATIO

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Contacting the Division Branches

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Early Learning Branch early.learningbranchesmsde @maryland.gov

Collaboration and Program Improvement Branch – collaboration.programimprovement @maryland.gov

Licensing-licensingocc.msde@maryland.gov

Credentialing – credentialocc.msde@maryland.gov or 1-866-243-8796

Subsidy – ccscentral@conduent.com or 1-866-243-8796

 $Maryland\ EXCELS-info@maryland excels.org$

Tuesday Tidbits: October 4, 2022

Tuesday Tidbits: Special Edition - Maryland Rebuilds Grant Update

Tuesday Tidbits-September 20, 2022

Tuesday Tidbits-August 9, 2022

Appendix A: MDH/MSDE Guidance for COVID-19 Symptoms, Isolation, and Quarantine

Staff or Student/Child with	Guidance for Management	
COVID-19 symptoms	Staff or student/child should not attend or work in a school or child care setting COVID-19 testing is recommended If test is negative, may return when symptoms have improved, no fever for 24 hours without medication, and applicable criteria in the Communicable Diseases Summary have been met	
Positive test for COVID-19, regardless of symptoms	Staff or student/child must stay home for 5 days from the start of symptoms or from the date of the positive test if no symptoms After day 5, may return if symptoms have improved and no fever for at least 24 hours without medication Upon return, must wear a mask for 5 additional days (except while eating, drinking, sleeping or outside) If unable to wear a mask, may return if they have a negative test at day 5 or later; otherwise, they should remain at home for days 6 -10	
Close contact with someone with known or suspected COVID-19 but no symptoms	Staff or student/child can continue to work in or attend school and child care regardless of vaccination status Those who can mask should do so for 10 days from the last day of exposure A test at 3-5 days after exposure is recommended, especially for those who cannot mask (ex. children under 2 years of age).	







JOIN THE FOOD PROGRAM AND GET PAID TO SERVE NUTRITIOUS FOOD!

What is the Child and Adult Care Food Program (aka CACFP)?

 USDA CACFP is a federal program that reimburses family child care providers for serving nutritious meals and snacks to children.

Why join the Food Program?

- It's Free!
- All regulated FCC providers are eligible to join the CACFP.
- There are two main benefits:
 - Nutritional Benefits You will receive the most up-to-date nutrition education based on USDA guidelines to help you plan and serve healthy meals and snacks to the children in your care.
 - Nutritious food contributes to the wellness and development of young children and teaches them healthy eating habits that last a lifetime!
 - o Financial Benefits Each month you will report, through KidKare (the free software we provide to our providers), the number of meals and snacks you serve. You will then receive a reimbursement to help you cover the costs of the food you served.
 - o Providers receive reimbursement based on Tiering:
 - . Tier 1 Rate Higher rate of reimbursement if you live in a community that is economically in need and/or qualify by household income.

 • Tier 2 Rate – Lower rate – "All Other Providers"
 - o If you serve one breakfast, lunch and a snack per day the average rate of reimbursement "per
 - Tier 1 (higher) \$1,205 per year (20/21 Rate)

 Tier II (lower) - \$577 per year (20/21 Rate)

NOTE: USDA Announced in April 2021 that because of the COVID 19 Pandemic a waiver has been put in place that allows all providers to receive the higher Tier 1 Rate of Reimbursement from JULY 1, 2021, through JUNE 30, 2022.

Is it financially beneficial for me to be on the program? What about taxes?

- Joining the food program makes financial sense. You are always financially better off on the Food Program.
 - o Do you want to win the lottery?
 - o If your spouse got a raise, would you accept it?
 - o If your child care parents paid you more, do you want it?
 - o The answer is "yes" to all the above. In each of these scenarios you earn more money, pay more in taxes, and have MORE MONEY IN YOUR POCKET after paying taxes.
 - MORE INCOME IS ALWAYS BETTER!!!
 - o For every \$1000 you receive from the CACFP you can expect to keep about \$600-\$700 in your pocket after taxes.



Common Objections:

"It's too much paperwork" - Well we all know paperwork is no fun, BUT you are being paid to do the paperwork. The Planning Council pays for KidKare and offers it free to all providers. KidKare reduces your paperwork, and you can use your smartphone, iPad, laptop and/or computer to record your meals and attendance and use eForms to enroll your children, etc.

- If you spend 3 hours/week doing paperwork and care for 4 children, serve breakfast, lunch, and a snack
- Tier 1 \$1205 x 4 = 4820 ÷ by 156 hours = \$30.89 per hour
- Tier 2 \$577 x 4 = 2308 ÷ 156 hours = \$14.79 per hour

"I only qualify for Tier 2 Rate and the CACFP reimbursements don't cover the cost of my food."

- Some money is always better than no money.
- If you got \$1000 from the CACFP and your food costs were \$2500
 - o Why give up \$1000 in income?
 - o If you do not take the \$1000 income from the CACFP your food costs will not change.

"My enrollment is low; I'm Tier 2 and I only serve one (1) snack. It's not worth it to claim a 21-cent snack."

- Well, actually "NO" that is inaccurate
 - You will earn approximately \$10.06 per hour by claiming a 21-cent snack.
 1 child x \$.21x 5 days a week x 52 weeks = \$54.60 a year

 - o 4 children x \$.21 x 5 days a week x 52 = 218.40 a year
 - o 5 minutes a day to enter it into KidKare = 21.7 hours a year
 - \$218.40 ÷ 21.7 hours = \$10.06 per hour for your CACFP hours.

"I will lose my food deductions if I join the CACFP so I will be worse off financially."

- Nope! This is a common misunderstanding.
- . You are entitled to claim food expenses in the same way whether you are on the CACFP or not.
- You can deduct the meals/snacks you get reimbursed for by the CACFP.

JOIN Now! There really aren't any serious objections to joining the CACFP. It's a wonderful nutrition program that will help keep the children in your care healthy and it's a significant financial benefit that will put

TO GET STARTED CALL THE PLANNING COUNCIL @ 1-800-477-3993, ext. 3025 or





CRAFT AND ACTVITY

Adapted from TheMailbox.com November 2022

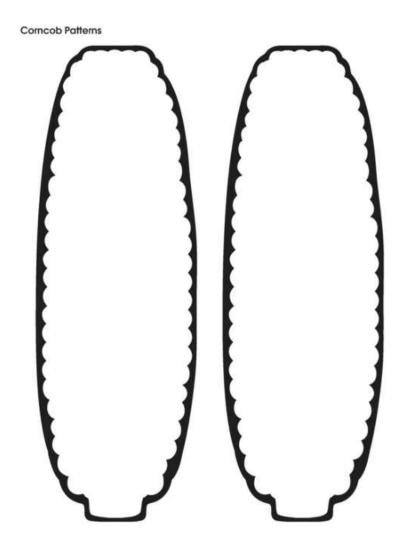


Materials Needed for Corn Suncatcher Craft:

- Corn Cob Template
- Contact Paper
- Red, Orange, Yellow, Purple tissue paper squares
- · brown paper bag

Description

These fall crafts will light up the windows in your classroom! Use the pattern provided to cut two corn cob shapes from Con-Tact paper for each child. Also provide a paper grocery bag (or craft paper) and tissue paper squares in red, orange, yellow, and purple. Begin by removing the backing from one cutout and placing it sticky side up on a tabletop. Have a child press the tissue paper squares on the Con-Tact paper cutout. Then remove the backing from the second cutout and press it over the first, sandwiching the tissue paper between the two layers. Trim any excess tissue paper hanging over the edges. Next, have her cut strips of paper from the bag. Staple the strips to the project so they resemble a corn husk.



RECIPES



The Best Pumpkin Bread Recipe

This homemade pumpkin bread recipe is super moist and easy to make. It's full of spices like nutmeg, cinnamon and ginger and has a super moist texture from the oil, melted butter and eggs. It's really the best pumpkin bread and simple to make! #pumpkinbread

Ingredients

- 1 1/2 cup all-purpose flour
- 1 tsp baking soda
- 1/2 tsp baking powder
- 11/2 tsp ground cinnamon
- 1 tsp nutmeg
- 1/2 tsp ginger
- 1 tsp salt
- 11/2 cups canned pumpkin
- 11/2 cups sugar
- 2 tsp vanilla extract
- 1/2 cup vegetable oil or canola oil
- 1/2 cup melted butter
- 2 eggs

Instructions

- Preheat the oven to 350 degrees.
- In a mixing bowl, add the flour, baking soda and baking powder, spices, and salt. Set aside
- Combine the oil, butter, and vanilla in a liquid measuring cup.
- In a mixing bowl with a fitted paddle attachment, beat the pumpkin, sugar, and eggs until combined.
- Turn the mixer to low and slowly add in the liquid ingredients. Let this process take about 1 to 2 minutes so the mixture becomes light and fluffy.
- Using a spatula, fold the dry ingredients into the wet and slowly fold until the ingredients are blended.
- Prepare a 10 x 5 loaf pan by buttering it well and then adding a strip of parchment paper to the bottom and up the sides for easy removal.
- Bake in a preheated 350-degree oven for 1 hour. The bread will be fully risen in the center, like a loaf. Make

sure it's fully cooked and brown on the top otherwise it will fall in the middle once removed from the oven.

Notes

- Measure all the ingredients before. Liquid in one measuring cup, dry in a mixing bowl.
- Always use high quality ingredients when baking.
 Whole, organic eggs, full fat butter, pure vanilla extract. This all makes a difference in the quality of the pumpkin bread.
- When adding the oil, butter, and vanilla, add it very slowly with the mixer running to incorporate air into the mixture.
- Remember that the true oven temperature and the material of the loaf pan you're using will influence the baking time.
- If adding in chocolate chips or nuts, fold them in when folding in the dry ingredients.

HCFCCA FUNDRAISERS

HCFCCA Shaklee Fundraiser



For many people, supplementation is a hard pill to swallow—literally. While multivitamins and vitamin supplements are a fantastic way to fill gaps in your nutrition, the form factors of tablets and capsules aren't for everyone. In fact, 40% of the general population have difficulties swallowing tablets or capsules. (1)

Up to 94% of individuals four years and older don't get enough key nutrients from their diet alone. (1) Even if you eat healthily and follow dietary guidelines, your food could be lacking vital nutrients. Therefore, it's so important that those who can't take tablets or capsules are still able to get foundational nutrition. Our newest product, Essential MultiV Drink, is our solution. Here's a breakdown of why we love this new addition to our nutrition line as well as a few recipes using this liquid vitamin drink mix.

Why Is Essential MultiV Drink the Perfect Liquid Multivitamin for Adults?

Essential MultiV Drink lets you supplement your diet and nourish your body with a refreshing drink if you struggle with swallowing tablets or capsules. The convenient and naturally delicious peach mango vitamin powder delivers 17 essential vitamins and minerals to help you feel your best each day. It is also vegetarian, dairy-free, gluten-free, soy-free, and star-K kosher.

Why We Love It

- The ultimate foundation for complete nutrition. Essential MultiV Drink delivers core nutrients essential for overall health and well-being, including all essential vitamins and 4 major and trace minerals. *
- 100%+ of all 8 B vitamins. B vitamins provide energy support by helping your body turn the carbohydrates, fats, and protein in your diet into energy it can use. Vitamins B2, B12, and folic acid also support key brain functions. *
- Provides immune support with vitamin C, vitamin D, and zinc. *
- Supports bone health with calcium and vitamin D.*
- Tastes great. The peach mango flavor makes staying on top of your daily nutrition routine a joy. Plus, it contains no artificial sweeteners and only 1 gram of sugar.

HCFCCA Shaklee Fundraiser



HCFCCA ADVERTISING

HCFCCA does not endorse any specific product, service, organization, company, information provider, or content. The advertisements are for information and convenience of its readers and do not constitute endorsement, recommendation, or favoring by HCFCCA. The use of any advertised products or services is at the sole discretion of the user.

HCFCCA PROVIDER INFORMATION

Attention Child Care Providers! Interested in going to Howard Community College for FREE? The Child Care Career and Professional Development Fund grant can fund your teacher education degree at HCC

You could be eligible if you... • have worked in a licensed child care setting for at least one year • hold a MSDE Level 2 or greater Credential Certificate • want to work toward an AAS in Early Childhood Development (career

program) or an AAT in Early or Elementary Childhood Education/ Special Education (transfer program) While enrolled in the program at HCC, you must... • work at least 10 hours/week in a licensed child care setting while completing the program • maintain a 2.5 minimum GPA while enrolled • continue to work in child care at least 10 hours/week in Maryland for a period of time (2 years for a 2 year degree, 4 years for a 4 year degree) after your degree is completed.

Learn More at Our Virtual Informational Sessions

Thursday, November 18, 7–8 p.m.

Zoom link:

https://howardcc.zoom.us/j/94785707823? pwd=QXY1UmtuQTgzbWU3eHl4Z3RYb2cwQT09 (Passc ode: 736950)

Thursday, December 9, 7–8 p.m.

Zoom link: https://howardcc.zoom.us/j/93950458683? pwd=MHVmTjBBWm5WTVB3MoFXelJZbHBOQTo9

If you are interested in learning more about the CCCPDF program at Howard Community College but you are unable to attend any of these scheduled informational sessions, please contact Joan Johnson (jjohnson6@howardcc.edu) to schedule an individual meeting at a date/time that works for you.

Attention Child Care Providers!

Interested in going to Howard Community College for FREE?

The Child Care Career and Professional Development Fund grant can fund your teacher education degree at HCC!



Resource Room Pa	ayment List
EQUIPMENT AND	f and
White Paper (Black & White) White Paper (Colored) Colored Paper (Black & White)	\$0.50/each
Your Paper	\$ 0.10/each
APER USAGE	
White Paper	\$0.10/each \$ 0.10/each
IISCELLANEOUS	
Laminating	\$0.50/each \$ 0.50/each \$ 0.50/each



CONTACT US

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HCFCCA
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Columbia, MD 21045
(301) 776-4841

You are a member of HCFCCA, this entitles you to our monthly new sletter.

<u>Unsubscribe</u>